

December 2021

BANYAN STREET

PROPERTY MANAGEMENT 813.221.7474

101eastkennedyhandbook.com Lynn Vilmar - Sr. Property Manager David Arscott - Chief Building Engineer Isaac Conrad - Asst. Building Engineer Jennifer Chez - Admin Assistant Mary Anne Quigley - Concierge

> CBRE LEASING TEAM Philip Weber Barry Hanerfeld





BANK OF AMERICA PLAZA 101 E Kennedy Blvd. • Tampa, FL 33602

HAPPY HOLIDAYS Banyan Street Capital would like to wish everyone a safe and joyful Holiday Season.



WELLNESS WEDNESDAY

Corporate Massage of Tampa returns Wednesday, December 8th from 11:00 am - 3:00 pm in Suite 225.



GIFT BASKET WINNER

Congratulations to Gift Basket winner Sarah Cigrand with Medical Sales College, Suite 1165. Sarah says she is "grateful that I have the opportunity to live and work in Tampa. I know a lot of people are not as fortunate and do not have the same opportunities for success. I have a great support system and amazing coworkers that want to help me."



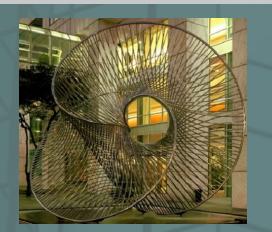
WINTER WONDER RIDE For more information and/or to purchase tickets, please visit onbikes.org.



Caffe Fresco	. 17 yrs
Restless Styles	13 yrs
Black Diamond	. 10 yrs
USIC	6 yrs



LOBBY MUSICIANS 1Boris Lebedinsky. guitar 2,3,6,9,10,13,17 Maria Laude, piano 8,14,15,16 Lorna Anderson, piano



BUILDING AMENITIES

Bank of America **Bicycle Repair Station** Caffe Fresco Caffe Fresco Marketplace **Concierge Services** Electric Vehicle Charger **Fitness Center Jackson Dental** KJ's Auto Detailing Live Musical Performances McNatt's Dry Cleaners **Restless Styles** Shoe Shine by Robert Stork Parking Tenant Conference Center Tenant Lounge The Tampa Club

RETAIL

Designing Eyes DeVito's Italian Restaurant European Wax GenX Tavern Hotel Bar The Pint & Brew Tropical Smoothie





HOLIDAY HUNT

The Riverwalk Holiday Hunt is a mobile-based scavenger hunt along the Tampa Riverwalk. Individuals and/or teams will compete to be the Holiday Hunt winner as they make their way through the Holiday Hunt by solving puzzles, completing holiday challenges and answering historical Tampa trivia. This event is free to the public. You must download the mobile app Mobile Adventures to participate. Once the app has been downloaded, you will need to scan the QR code provided. Holiday Hunt begins Friday, December 17th.



On Saturday, December 4th downtown Tampa becomes a place of wonder and magic with a Christmas Parade and Santa Fest in Curtis Hixon Park. Enjoy continuous holiday entertainment, make-n-take crafts, bounce houses, rock wall, lots of Reindeer Games for the kids, and free photos with Santa. For more info, visit tampa.gov.



HOLIDAY LIGHTED BOAT PARADE

The Tampa Riverwalk Lighted Boat Parade is sailing into this holiday season Saturday, December 18th bringing with it plenty of cheer. Hosted by the Tampa Riverwalk, this cherished holiday tradition features illuminated boats dressed in their best holiday décor. Onlookers will be able to admire the holiday lights from our waterfront as their reflections dance along the Hillsborough River. Judges are pairs from Big Brothers and Big Sisters and the winner of the sailboat and motorboat competitions will each receive a trophy.



REDUCE, REUSE, RECYCLE

The holiday season often involves meals and parties with lots of food. It's great to have leftovers on hand, but don't let them languish in your refrigerator until they go bad. If you haven't eaten the leftovers after a couple of days, freeze them. Cutting back on food waste is one of the best things you can do for the planet.



TAMPA BAY WELLNESS FESTIVAL

The Tampa Bay Wellness Festival returns with a final hurrah on Saturday, December 4th from 10:00 am - 5:00 pm in Waterworks Park. The Health & Wellness community will come together to spread good vibes, hold classes on stage with different fitness and health classes for all to participate in. There will be local healthy food vendors, food trucks, local fitness styles & health focused market style vendors.



HOLIDAY FOOD DRIVE

Thank you to all those who donated to the Metropolitan Ministries Holiday Food Drive. Your generosity is greatly appreciated.



Hot Cocoa Pancakes

Enjoy a warm and cozy breakfast with these festive flapjacks.

Ingredients:

- 2 tablespoons unsweetened cocoa powder
- 1 1/2 tablespoons sugar
- 1 cup 2% or nonfat milk
- 1 teaspoon vanilla extract
- · 2 cups ready-made pancake mix
- 1/4 cup water
- chocolate syrup
- · marshmallow spread
- · pancake syrup

Directions:

Heat a skillet over medium-low heat or an electric griddle to 375° F.

In a microwave-safe bowl, mix cocoa powder, sugar, milk and vanilla until well combined. Heat in the microwave for 30 seconds.

Next, combine the cocoa mixture, pancake mix and water. Stir until large lumps disappear, but do not beat or overmix the batter.

Pour slightly less than 1/4 cup batter onto the lightly greased skillet or griddle. Cook for 90 seconds, or until bubbles appear on the surface. Flip the pancake and cook it for 30 seconds more. Repeat with the remaining batter.

Top pancakes with chocolate syrup, marshmallow spread or pancake syrup.

Find more recipes at Culinary.net.



Wit & Wisdom

"It is only when the cold season comes that we know the pine and cypress to be evergreens." —Chinese proverb

"Thank goodness for the first snow. It was a reminder—no matter how old you became and how much you'd seen—things could still be new if you were willing to believe they still mattered." —Candace Bushnell

"A good way to remedy a cold morning is to have a warm heart." —Keith Wynn

> "Silence can always be broken by the sound of footsteps walking over frozen ground." —Merrill Moore

"A snow day literally and figuratively falls from the sky, unbidden, and seems like a thing of wonder." —Susan Orlean

"Shut the door. Not that it lets in the cold, but that it lets out the coziness." —Mark Twain

"Winter, a lingering season, is a time to gather golden moments, embark upon a sentimental journey, and enjoy every idle hour." —John Boswell

"Snowflakes are one of nature's most fragile things, but just look what they can do when they stick together." —Vesta M. Kelly

"If flowers can teach themselves how to bloom after winter passes, so can you." —Noor Shirazie

December 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
\square	ecem	per	1 Boris Lebedinsky 11:30 - 1:30	2 Maria Laude 11:30 - 1:30	3 Maria Laude 11:30 - 1:30	4
5	6 Maria Laude 11:30 - 1:30	7	8 Wellness Wednesday 11:00 - 3:00 Lorna Anderson 11:30 - 1:30	9 Maria Laude 11:30 - 1:30	10 Maria Laude 11:30 - 1:30	11
12	13 Maria Laude 11:30 - 1:30	14 Lorna Anderson 11:30 - 1:30	15 Lorna Anderson 11:30 - 1:30	16 Lorna Anderson 11:30 - 1:30	17 Maria Laude 11:30 - 1:30	18
19	20	21	22	23	24	25 MERRY Christmas
26	27	28	29	30	NEW YEAR'S EVE!	

"This Month In History" DECEMBER

1901: With a goal of setting rules and safety standards, representatives from over 60 universities meet to form the Intercollegiate Athletic Association of the United States. In 1910, the organization was renamed the NCAA.

1924: At age 2, Judy Garland makes her stage debut at her father's movie theater in Grand Rapids, Minn.

1948: The United Nations General Assembly adopts the Universal Declaration of Human Rights. Defining

fundamental freedoms of all human beings, the document has been translated into more than 500 languages.

1973: Astronauts on NASA's Skylab 4 mission take a 7-hour spacewalk, the longest at the time.

1987: Ron Hextall of the Philadelphia Flyers becomes the first NHL goalie to score a goal by intentionally firing the puck into the other team's net.

2001: "The Lord of the Rings: The Fellowship of the Ring" premieres. It was the first film in the trilogy based on author J.R.R. Tolkien's fantasy series.

2007: At 81, Queen Elizabeth II becomes the oldest ever monarch of the U.K., surpassing her great-great-grandmother, Queen Victoria.

2016: Global retailer Amazon makes its first delivery by drone. The package arrived at its destination 13 minutes after it was ordered.