



BANK OF AMERICA

PLAZA

101 E Kennedy Blvd. • Tampa, FL 33602

January 2022

BANYAN STREET CAPITAL

PROPERTY MANAGEMENT

813.221.7474

101eastkennedyhandbook.com

Lynn Vilmar - Sr. Property Manager

David Arscott - Chief Building Engineer

Isaac Conrad - Asst. Building Engineer

Jennifer Chez - Admin Assistant

Mary Anne Quigley - Concierge

CBRE LEASING TEAM

Philip Weber

Barry Hanerfeld



GASPARILLA PIRATE FEST

Aargh! The 106th Gasparilla

Invasion and Parade of the Pirates is Saturday, January 29th from 9:00 am - 10:00 pm in downtown Tampa. To celebrate their capture of the City glittering beads, treasures and doubloons are tossed to a lively, enthusiastic crowd all along the 4.5 mile Bayshore Blvd. parade route. For more information and/or to purchase tickets, please go to gasparillapiratefest.com.



oneblood

Share your power.

BLOOD DRIVE

Bank of America Plaza will have a Blood Drive on Wednesday, January 12th from 10:00 am - 3:00 pm. Thank you for donating!



CORPORATE MASSAGE OF TAMPA

On-Site Relief for Stress and Pain

WELLNESS WEDNESDAY

Corporate Massage of Tampa returns Wednesday, January 5th from 11:00 am - 3:00 pm in Suite 250.



HAPPY ANNIVERSARY

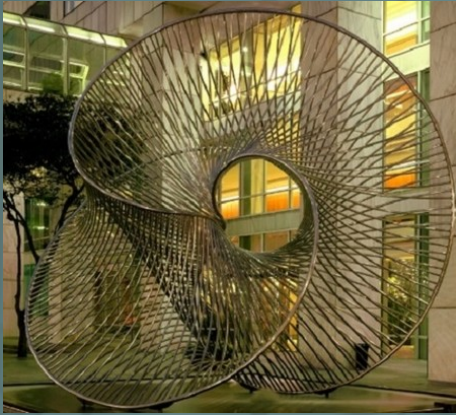
Morgenstern Phifer Messina	32 yrs
Murphy LaRocca	22 yrs
Admiral Security	12 yrs
TBEDC	9 yrs
Orange Legal	4 yrs



LOBBY MUSICIANS

5	Andrew Kendle, clarinet
12, 26	Lorna Anderson, piano
19	Maria Laude, piano

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BUILDING AMENITIES

- Bank of America
- Bicycle Repair Station
- Caffe Fresco
- Caffe Fresco Marketplace
- Concierge Services
- Electric Vehicle Charger
- Fitness Center
- Jackson Dental
- KJ's Auto Detailing
- Live Musical Performances
- McNatt's Dry Cleaners
- Restless Styles
- Shoe Shine by Robert
- Stork Parking
- Tenant Conference Center
- Tenant Lounge
- The Tampa Club

RETAIL

- Designing Eyes
- DeVito's Italian Restaurant
- European Wax
- GenX Tavern
- Hotel Bar
- The Pint & Brew
- Tropical Smoothie



HOLIDAY CUPCAKES



GIFT BASKET WINNER

Congratulations to Erika Thomas with Carollo, Suite 700.



Be Green With Greetings

Exchanging cards with family and friends is a holiday tradition. When the season is over, give the greetings a new life by donating them to a charity. In addition to keeping the cards out of a landfill, they will be repurposed and sold to benefit a worthy cause. Or create homemade gift tags by cutting images from the cards and writing messages on the back. To find out more, search online using the keywords "recycling greeting cards."

SHARE A COKE EVENT



Chipotle Veggie Chili

Warm yourself from the inside with a steaming bowl of spicy chili.

Ingredients:

- 3 tablespoons olive oil
- 1 medium yellow onion, chopped
- 1/2 teaspoon plus 1/8 teaspoon salt, divided
- 1/4 teaspoon pepper, divided
- 2 garlic cloves, minced
- 1 red bell pepper, chopped
- 1 can (14 ounces) diced fire-roasted tomatoes
- 1 can (14 ounces) red beans, drained and rinsed
- 1 can (14 ounces) pinto beans, drained and rinsed
- 1 cup vegetable broth
- 1 can (7 ounces) chipotles in adobo sauce
- 2 cans (15 ounces each) sweet corn with liquid
- 2 limes, juiced

Directions:

In large Dutch oven or stockpot, heat oil over medium heat. Add onion, 1/2 teaspoon salt and 1/8 teaspoon pepper. Stir and cook 5 minutes until onion is translucent. Add garlic and bell pepper; stir and cook 8 minutes until vegetables are soft.

Add tomatoes, beans, broth, chipotles and corn. Season with remaining salt and pepper. Simmer 25 minutes, stirring occasionally, until chili has thickened.

Squeeze lime juice into pot and stir. If desired, serve with garnishes such as guacamole, sour cream, jalapeno slices and fresh cilantro.

For more recipes, visit Culinary.net.



Wit & Wisdom

“We all have dreams. But in order to make dreams come into reality, it takes an awful lot of determination, dedication, self-discipline and effort.”

—Jesse Owens

“When you follow your dreams, you encourage other people to follow theirs.”

—Nafessa Williams

“Thankfully, dreams can change. If we’d all stuck with our first dream, the world would be overrun with cowboys and princesses.”

—Stephen Colbert

“All our dreams can come true, if we have the courage to pursue them.”

—Walt Disney

“So many of our dreams at first seem impossible, then they seem improbable, and then, when we summon the will, they soon become inevitable.”

—Christopher Reeve

“Dreams say what they mean, but they don’t say it in daytime language.”

—Gail Godwin

“Strivers achieve what dreamers believe.”

—Usher

“Dreams are renewable. No matter what our age or condition, there are still untapped possibilities within us and new beauty waiting to be born.”

—Dale Turner

“The best way to make your dreams come true is to wake up.”

—Paul Valéry

January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>January</i>						New Year's Day 1
2	3	4	5 Wellness Wednesday 11:00 - 3:00 Andrew Kendle 11:30 - 1:30	6	7 	8
9	10	11	12 Blood Drive 10:00 - 3:00 Lorna Anderson 11:30 - 1:30	13	14	15
16 Martin Luther King Jr. Day	17	18	19 Maria Laude 11:30 - 1:30	20	21	22
23/30	24/31	25 	26 Lorna Anderson 11:30 - 1:30	27	28	29 Gasparilla Pirate Fest

"This Month In History" JANUARY

1906: The sport of football is forever changed when a new game rule makes the forward pass a legal play.

1912: New Mexico joins the union as the 47th state.

1924: The first Winter Olympics are held in Chamonix, France.

1943: Franklin D. Roosevelt becomes the first U.S. president to travel by airplane while in office. He flew to Morocco to meet with

British Prime Minister Winston Churchill.

1955: Singer Marian Anderson takes the stage at the Metropolitan Opera in New York City. She was the first African American to perform a leading role with the company.

1968: Country music star Johnny Cash records a live album by playing two concerts at California's Folsom State Prison.

1972: U.S. President Richard M. Nixon orders the development of a "new type of space transportation system," the space shuttle program.

1986: The first national Martin Luther King Jr. holiday is observed.

1994: A magnitude 6.7 earthquake strikes the San Fernando Valley region of Los Angeles.

2000: Celebrations worldwide mark the turn of the new millennium.

2011: Wikipedia, a popular internet encyclopedia, celebrates its 10th anniversary.

2015: At age 17, Lydia Ko of New Zealand becomes the youngest golfer in history to be ranked No. 1 in the world.