

January 2024



PROPERTY MANAGEMENT 813.221.7474

Lynn Vilmar - Sr. Property Manager Jennifer Johnson - Property Manager Jennifer Chez - Asst. Property Manager David Arscott - Chief Building Engineer Isaac Conrad - Asst. Building Engineer Mary Anne Quigley - Concierge

> CBRE LEASING TEAM Philip Weber Barry Hanerfeld

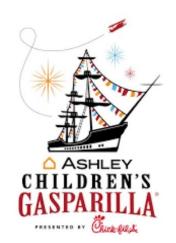




BANK OF AMERICA PLAZA 101 E Kennedy Blvd. • Tampa, FL 33602

GASPARILLA PIRATE FEST

Ahoy there, mateys! On Saturday, January 27th, join the swashbuckling fun as our favorite pirates invade Tampa to claim the Key to the City from the Mayor in an annual reenactment of Tampa's historic pirate invasion. The Jose Gasparilla II and hundreds of vessels comprising the Gasparilla Floatilla sail across the Bay before docking at the Tampa Convention Center at 1:00 pm. For more information, please go to gasparillapiratefest.com.



CHILDREN'S GASPARILLA

Ahoy Lil' Mateys! The Children's Gasparilla is Saturday, January 20th, from 12:00 pm - 7:30 pm along Bayshore Blvd. The family-friendly atmosphere is an alcohol-free event, creating a fun and memorable experience for all ye little mates. And when you combine pirates and pyrotechnics, you get an unforgettable "Piratechnic" fireworks finale starting at 7:00 pm. For more information, please go to gasparillapiratefest.com.



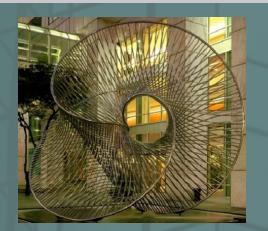


Costar Clinintell Solo Hair Salon Admiral Security



GASPARILLA BEAD TOSS Aargh! Don't miss our Tenant Gasparilla Bead Toss on Friday, January 26th, at 8:00 am in the lobby.

FOLLOW US ON FACEBOOK, INSTAGRAM & TWITTER



BUILDING AMENITIES

Bank of America Bicycle Repair Station Caffe Fresco Concierge Services Electric Vehicle Charger Fitness Center Jackson Dental KJ's Auto Detailing Shoe Shine by Robert Stork Parking Tenant Conference Center The Solo Hair Salon The Tampa Club

RETAIL

Designing Eyes DeVito's Italian Restaurant European Wax GenX Tavern Hotel Bar The Pint & Brew Tropical Smoothie





GIFT BASKET WINNER Congratulations to Barb O'Shaughnessy, who works at Shumaker Loop & Kendrick, Suite 2800.



ANGEL TREE

Thank you to all those who gave to the Angel Tree program. Over 50 gift bags and 10 bikes were donated! Your generosity is greatly appreciated.

oneblood

Bank of America Plaza will host a Blood Drive on Wednesday, January 17th, from 10:00 am - 3:00 pm.

HOLIDAY EVENTS













CHAIR MASSAGE THERAPY

Corporate Massage of Tampa will offer customized, on-site Chair Massage Therapy on Wednesday, January 3rd, from 11:00 am - 3:00 pm in Suite 225.



NEW LIFE FROM OLD BOOKS

Around 320 million books end up in landfills every year, but you can reduce this number in a variety of ways. Books in good condition that aren't outdated (like old textbooks) are welcome donations at thrift stores and Little Free Libraries. Paperback and hardcover books with the cover removed can be tossed in a recycling bin that accepts paper. And there are tons of arts and crafts projects that you can do with old books and their pages.



Hot Cocoa Four Different Ways

A mug of hot chocolate doesn't warm just your hands, but also your soul. This sweet, creamy drink is a must for the winter season. Have you tried these versions?

Mexican. This cocoa holds a spicy kick with added cinnamon and cayenne or chili powder.

Unicorn. Made with white chocolate chips and pink food coloring, this pick-me-up is fun for all ages! Garnish with colorful sprinkles to make it a real party.

French. Chocolate lovers will enjoy this thick, rich drink made with heavy cream, powdered sugar and dark chocolate.

Traditional. Sometimes nothing beats a good, nostalgic cup of traditional hot cocoa. Try out the recipe below. (Makes four servings.) **Ingredients:**

- 1/2 cup sugar
- 1/4 cup unsweetened cocoa powder
- · Dash of salt
- 1/3 cup hot water
- 4 cups milk of choice
- 1 teaspoon vanilla extract **Directions**:

Combine sugar, cocoa, salt and water in a saucepan. Bring to a simmer, stirring constantly. Whisk in the milk, and warm to serving temperature. Remove from heat and add in vanilla.

Pour into mugs and garnish with marshmallows, whipped cream, ground cinnamon or a peppermint stick.



Wit & Wisdom

"And now let us believe in a long year that is given to us, new, untouched, full of things that have never been." —Rainer Maria Rilke

"The new year stands before us, like a chapter in a book, waiting to be written. We can help write that story by setting goals." —Melody Beattie

"Enter this new year with a gratitude for this new chance to create your dreams." —Avina Celeste

"A new year inevitably leads to thoughts about both the future and the past." —Michael Dirda

"I never want to say that I had glory days. I like to think that every new year there's something great that can happen; something great will happen." —Maya Moore

"The new year begins in a snowstorm of white vows." —George William Curtis

"Cheers to a new year and another chance for us to get it right." —Oprah Winfrey

"The object of a new year is not that we should have a new year. It is that we should have a new soul and a new nose; new feet, a new backbone, new ears and new eyes." —G.K. Chesterton

> "The new year cometh with a magic key." —Gerald Massey

"May all your troubles last as long as your New Year's resolutions." —Joey Adams

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	New Year's Day ₁	2	3 On-Site Chair Massage Therapy 11:00 am - 3:00 pm	4	5	6
7	8	9	10	11	12	13
14	Martin Luther 15 King Jr. Day	16	17 Blood Drive 10:00 am - 3:00 pm	18	19	20 Children's Gasparilla
21	22	23	24	25	26 Tenant Gasparilla Bead Toss	27 Gasparilla Pirate Fest
28	29	30	31		Janua	ry

"This Month In History"

1906: "M'm! M'm! Good!" Campbell Soup Company registers a trademark for the red and white label design of its canned soups.

1927: Outside Chicago, the Harlem Globetrotters exhibition basketball team plays its first game.

1949: Honoring the new medium of television, the first Emmy Awards are presented at a ceremony in Hollywood.

1959: The jet age takes off as American Airlines begins the first cross-country jet service. Passengers could fly between Los Angeles and New York City in about five hours.

1961: John F. Kennedy becomes the first U.S. president to hold a live televised news conference.

1977: When a cold front barrels across Florida, snow falls for the first—and only—time in the city of Miami.

1980: American Mary Decker becomes the first woman to run a mile in under 4.5 minutes.

1991: The Persian Gulf War begins when the U.S. launches Operation Desert Storm.

2002: Twelve countries in the European Union officially change their currencies to the new euro.

2010: At 2,717 feet, the Burj Khalifa skyscraper in Dubai, United Arab Emirates, opens as the world's tallest building.

2019: Missy Elliott makes music history as the first female rapper inducted into the Songwriters Hall of Fame.