

BANK OF AMERICA

PLAZA

101 E Kennedy Blvd. • Tampa, FL 33602

July 2022

BANYAN STREET CAPITAL

PROPERTY MANAGEMENT

813.221.7474

Lynn Vilmar - Sr. Property Manager
Venus Rodriguez - Property Manager
David Arscott - Chief Building Engineer
Isaac Conrad - Asst. Building Engineer
Jennifer Chez - Admin Assistant
Mary Anne Quigley - Concierge

CBRE LEASING TEAM

Philip Weber
Barry Hanerfeld



WE'VE GOT THE
Scoop!



Grab your co-workers and join us for an afternoon ice cream social, complete with a variety of delicious flavors from Ice Twisters.

Thursday, July 28 | 1-3PM
Third Floor Lobby



ICE CREAM SOCIAL

Please join us for Bank of America Plaza's annual Ice Cream Social on Thursday, July 28th, from 1:00 pm - 3:00 pm in the 3rd floor lobby.

CORPORATE MASSAGE OF TAMPA *On-Site Relief for Stress and Pain*

WELLNESS WEDNESDAY

Corporate Massage of Tampa will be here on Wednesday, July 13th, from 10:00 am - 3:00 pm in Suite 225.



4th OF JULY CELEBRATION

Come celebrate July 4th with Friends of the Riverwalk as they host their 2nd Annual July 4th Boat Parade and Blessing of the Fleet starting at 5:00 pm. The parade route will be similar to the holiday light boat parade but will include a blessing station. Boats will be decked out in red, white and blue and compete for the most patriotic boat in the small/motorboat and large/sailboat competitions. Registered boaters will partake in a Poker Run for a chance to win the grand prize! The parade begins in the Convention Center basin, travels to the Heights, and ends at Sparkman Wharf. The boat parade will be followed by fireworks displays at multiple locations.



Free concert Thursday, July 7th from 6:30 pm - 9:30 pm in Curtis Hixon Park.



ART WALK & VENDOR FAIR

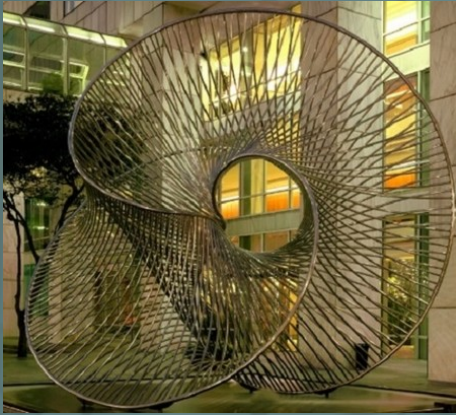
The Armature Works Second Art Walk and Vendor Fair is Sunday, July 10th, from 11:00 am - 3:00 pm.



LOBBY MUSICIANS

6	Lorna Anderson, piano
13	Maria Laude, piano
20	Boris Lebedinsky, guitar
27	Karen Benjay
28	Maria Laude, piano

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BUILDING AMENITIES

- Bank of America
- Bicycle Repair Station
- Caffe Fresco
- Caffe Fresco Marketplace
- Concierge Services
- Electric Vehicle Charger
- Fitness Center
- Jackson Dental
- KJ's Auto Detailing
- Live Musical Performances
- Restless Styles
- Shoe Shine by Robert
- Stork Parking
- Tenant Conference Center
- Tenant Lounge
- The Tampa Club

RETAIL

- Designing Eyes
- DeVito's Italian Restaurant
- European Wax
- GenX Tavern
- Hotel Bar
- The Pint & Brew
- Tropical Smoothie



GIFT BASKET WINNER

Congratulations to Louise Henkel with Hill Ward Henderson, Suite 3700. "Vacation" by The Go Go's tops her Summer tunes playlist.



HAPPY ANNIVERSARY

Grant Thornton	27 yrs
Shumaker Loop & Kendrick	27 yrs
Designing Eyes	16 yrs
Tropical Smoothie	12 yrs
CBRE	10 yrs
Caffe Fresco Marketplace	6 yrs
Helios	5 yrs
Pint & Brew	4 yrs

oneblood
Share your power.

BLOOD DRIVE

Bank of America Plaza will have a Blood Drive on Wednesday, July 13th, from 10:00 am - 4:00 pm. Thank you for donating!



Just a friendly reminder the Electric Vehicle charging stations are located on the 6th floor of the parking garage.

BACKPACKS OF HOPE SCHOOL SUPPLIES DRIVE

Backpacks of Hope
School Supply Drive

July 1 - July 15

Scan the QR code or use this link to shop the Online drive and help kids in our community get the supplies they need to succeed this fall!

METROPOLITAN MINISTRIES | BANK OF AMERICA



BATTERY RECYCLING

All batteries, whether for your phone, camera, or flashlight, contain toxic heavy metals that are a dangerous source of pollution when they get into the landfill. Please make sure that you never throw batteries away in the trash. Many battery specialty stores will take any used batteries. Bank of America Plaza has a battery recycling container in the mailroom located on the the 3rd floor.



TAMPA BAY COMIC CON

Tampa Bay Comic Con is July 29th - 31st at the Convention Center.



One Minute Chef

Strawberry Spritzer

Fresh, fruity and fizzy: This delicious drink is all you need to quench your summertime thirst!

Ingredients:

- 1 package (10 ounces) frozen sliced strawberries, thawed
- 2 liters lemon-lime soda or ginger ale, chilled
- 1 can (12 ounces) frozen pink lemonade concentrate, thawed

Directions:

Place strawberries in a blender and process until smooth.

Pour blended strawberries into a large pitcher. Stir in soda and pink lemonade.

Serve immediately or chill until ready to serve.

Try these tips:

- Garnish each glass with a slice of lemon or lime, fresh strawberries, or a sprig of mint or basil.
- For a lower-calorie drink, use club soda or seltzer water instead of lemon-lime soda.
- Forgot to defrost the strawberries? Add 1 cup of the soda to the berries before blending.

Find more recipes at Culinary.net.



Wit & Wisdom

“When the weather is hot, keep a cool mind.”

—Ajahn Brahm

“I find peace where the sun-kissed leaves dance in the melody of the cool breeze that floats through the air.”

—Saim Cheeda

“Summer is a great time to visit art museums, which offer the refreshing rinse of swimming pools—only instead of cool water, you immerse yourself in art.”

—Jerry Saltz

“All my life I’ve always come back to one thing, my need to feel free and the need to feel the breeze.”

—Jess “Chief” Brynjulson

“If you tiptoe into cold water, you’re missing out on the rush of plunging in headfirst.”

—Simone Elkeles

“What you really want for yourself is always trying to break through, just as a cooling breeze flows through an open window on a hot day. Your part is to open the windows of your mind.”

—Vernon Howard

“Iced tea is too pure and natural a creation not to have been invented as soon as tea, ice and hot weather crossed paths.”

—John Egerton

“Like a welcome summer rain, humor may suddenly cleanse and cool the earth, the air, and you.”

—Langston Hughes

“Keep cool, my babies.”

—Conan O’Brien

July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>JULY</h1>					1	2
3	4 	5	6 Lorna Anderson 11:30 - 1:30	7	8 	9
10	11	12	13 Blood Drive 10:00 - 3:00 Maria Laude 11:30 - 1:30	14	15	16
17 	18	19	20 Boris Lebedinsky 11:30 - 1:30	21	22	23
24/31	25	26	27 Karen Benjay 11:30 - 1:30	28 Ice Cream Social 1:00 pm - 3:00 pm	29 	30

"This Month In History"

JULY

1790: The District of Columbia is established as the seat of the U.S. government.

1933: American aviator Wiley Post completes the first solo flight around the world in seven days and 18 hours.

1935: British publishing house Penguin Books releases the first paperbacks, making high-quality literature more affordable and available to the general public.

1955: "The Lawrence Welk Show" premieres on national TV. The bandleader and accordionist hosted a

variety of talented singers and dancers for nearly 30 years.

1971: Koko the gorilla is born at the San Francisco Zoo. Taught sign language at age 1, she gained a vocabulary of 1,000 signs during her lifetime.

1997: At age 16, Martina Hingis of Switzerland becomes the youngest Wimbledon singles champion in 110 years.

2008: NASA's Phoenix Mars Lander spacecraft confirms the presence of frozen water in the soil of the red planet.

2018: Cardi B is the first female rapper to score two No. 1 hits on Billboard's Hot 100 singles chart.

2020: NFL quarterback Patrick Mahomes of the Kansas City Chiefs signs the largest contract for an athlete in sports history. The 12-year deal totaled over \$500 million.