

BANK OF AMERICA PLAZA

101 E Kennedy Blvd. • Tampa, FL 33602

June 2021

PROPERTY MANAGEMENT

813.221.7474 <u>101eastkennedyhandbook.com</u> Lynn Vilmar - Sr. Property Manager Karen Mendez - Property Manager David Arscott - Chief Building Engineer Isaac Conrad - Asst. Building Engineer Jennifer Bautista - Admin Assistant Mary Anne Quigley - Concierge

> CBRE LEASING TEAM Philip Weber Barry Hanerfeld

BANYAN STREET





HURRICANE SEASON

Hurricane Season officially begins June 1. "Are You Ready Tampa Bay?" is an initiative designed to provide Tampa's citizens with common sense tools that will assist them before, during and following emergencies of almost any type. It allows them to be better prepared to safeguard the health and well being of themselves, their family, their neighbors, and their community. This initiative includes the annual community preparedness events, educational displays, tips from experts, safety demonstrations, emergency vehicle displays, and vendors of safety products, personal disaster preparedness and home retrofit products, etc. For more information, please go to tampa.gov/hurricane-information.



EARTH DAY WINNERS Congratulations to all the Earth Day contest winners: *Gift Basket - Patty Mew with TRENAM, Suite 2700 *Cool Effect donation - Josh Wolff with TRENAM, Suite 2700 *Larq Water Bottle - Cheryl Foley with Radiographics Consultants, Suite 3900

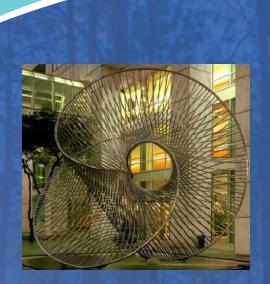




HAPPY FATHER'S DAY Don't forget Dad. Father's Day is Sunday, June 20.

LOBBY MUSICIANS

2, 9	Maria Laude, piano
16	Boris Lebedinsky, guitar
23	Lorna Anderson, piano
30	Lloyd Burry, piano



BUILDING AMENITIES

Bank of America **Bicycle Repair Station** Caffe Fresco Caffe Fresco Marketplace **Concierge Services Electric Vehicle Charger Fitness Center Jackson Dental** KJ's Auto Detailing Live Musical Performances McNatt's Dry Cleaners **Restless Styles** Shoe Shine by Robert Stork Parking **Tenant Conference Center** Tenant Lounge The Tampa Club

RETAIL

Designing Eyes DeVito's Italian Restaurant European Wax GenX Tavern Hotel Bar The Pint & Brew Tropical Smoothie





MILITARY APPRECIATION GIFT BASKET WINNER Congratulations to Sandy

Weinberg with Zuckerman Spaeder, Suite 1200.



Allstate Insurance	
Maney Gordon Zeller	
First Citizens Bank 14 yrs	
Culpepper Kurland 13 yrs	
Radiographics	
European Wax	
The Wagner Law Group 7 yrs	
CoStar 5 yrs	
Toast of Tampa	
Colonial Life	



BEER, BOURBON & BBQ FESTIVAL

The Beer, Bourbon & BBQ Festival is Saturday, June 19, from noon - 6:00 in Curtis Hixon Park. It's a great day of beer sippin', bourbon tastin', music listenin', cigar smokin', and barbeque eatin'. For more information, go to tampa.beerandbourbon.com.



FLAG DAY

Perhaps the most recognizable icon of the United States, the American flag, gets its day on Flag Day, June 14. Follow these guidelines when displaying the Stars and Stripes:

1) Fly the flag only between sunrise and sunset, unless it is illuminated.

2) Do not allow the flag to touch the ground or anything else below it.

3) Do not display the flag during inclement weather.



IT'S EASY EATING GREEN

Making environmentally conscious choices can be better for our waistlines, our wallets and our planet.

Buy local. When you purchase locally produced fruits, vegetables, meats, eggs and dairy products, you're supporting area farmers and cutting back on the fuel it takes to truck food across the country.

Go organic. Treating produce with pesticides can pollute soil, groundwater and possibly you.

Eat lower on the food chain. Producing a pound of meat takes much more water and energy than producing a pound of grain or vegetables.

Ditch the drive-through. Idling in line at a fast-food restaurant wastes gas. Park the car and order inside.

Banish bottled water. Even if you recycle those plastic bottles, it still takes energy to produce, transport and recycle them.

Take baby steps. Even small changes, such as eating one meatless meal a week, can make a big difference over time.



Slow-Cooked Shredded Chicken Tacos

Let your slow cooker do the work for you and ease into summer with this meal that's stress-free, but still full of flavor.

Ingredients:

- 1 teaspoon chili powder
- 2 teaspoons ground cumin
- 1 1/2 pounds boneless, skinless chicken breasts
- 1 16-ounce jar chunky salsa
- 1 dozen flour tortillas, warmed
- Assorted taco toppings **Directions**:

In a small bowl, combine the chili powder and ground cumin. Season both sides of the chicken breasts.

Place the seasoned chicken in a slow cooker. Pour salsa over chicken.

Cover and cook on high for 4 hours or until chicken is fork-tender.

Remove chicken to a cutting board or work surface. Using 2 forks, shred the chicken.

Serve shredded chicken in warm tortillas. Include assorted toppings, such as shredded cheese and lettuce, salsa and sour cream.

Find more recipes at Culinary.net.



Wit & Wisdom

"The sky is an infinite movie to me. I never get tired of looking at what's happening up there." —K.D. Lang

"You cannot look up at the night sky on the planet Earth and not wonder what it's like to be up there amongst the stars." —Tom Hanks

"The sky is the ultimate art gallery just above us." —Ralph Waldo Emerson

> "My experiences remind me that it's those black clouds that make the blue skies even more beautiful." —Kelly Clarkson

"I always believe that the sky is the beginning of the limit." —MC Hammer

"Passion isn't something that lives way up in the sky, in abstract dreams and hopes. It lives at ground level, in the specific details of what you're actually doing every day." —Marcus Buckingham

"Don't forget: Beautiful sunsets need cloudy skies." —Paulo Coelho

"I like to go outside at night by myself and look at the sky and just appreciate it." —Kendall Jenner

"We are a nation of communities ... a brilliant diversity spread like stars, like a thousand points of light in a broad and peaceful sky." —George H.W. Bush



June 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 HURRICANE SEASON	2 Maria Laude 11:30 - 1:30	3	4	5
7	8	9 Maria Laude 11:30 - 1:30	10	11	12
14	15	16 Boris Lebedinsky 11:30 - 1:30	17	18	19 Beer, Bourbon & BBQ Festival noon - 6:00 pm
21	22	23 Lorna Anderson 11:30 - 1:30	24	25	26
28	29	30 Lloyd Burry 11:30 - 1:30	00:1120	June	60 1111111111111110
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"This Month In History" JUNE

1917: U.S. Army troops arrive in France to fight in World War I.

1937: Pennsylvania is the first state to celebrate Flag Day as a state holiday. Today, it is the only state to recognize June 14 as a legal holiday.

1949: Hank Williams makes his Grand Ole Opry debut, singing his first No. I hit, "Lovesick Blues." Williams was called back to the stage for six encores.

1963: Soviet cosmonaut Valentina Tereshkova becomes the first woman to travel into space. Her solo mission lasted just under three days.

1973: A U.S. patent is granted for the automated teller machine, or ATM.

1990: Comedian and popular late-night talk show host Arsenio Hall is named "TV Person of the Year" by TV Guide magazine.

2002: Brazil sets a soccer record when it wins its fifth World Cup title. The team defeated Germany 2–0 at the tournament finals in Japan.

2019: Ali Stroker makes history as the first performer in a wheelchair to win a Tony Award. She earned the best supporting actress prize for her role in the musical "Oklahoma!"

