



May 2021

PROPERTY MANAGEMENT

813.221.7474

101eastkennedyhandbook.com

Lynn Vilmar - Sr. Property Manager

Karen Mendez - Property Manager

David Arscott - Chief Building Engineer

Isaac Conrad - Asst. Building Engineer

Jennifer Bautista - Admin Assistant

Mary Anne Quigley - Concierge

CBRE LEASING TEAM

Philip Weber

Barry Hanerfeld



BANK OF AMERICA PLAZA

101 E Kennedy Blvd. • Tampa, FL 33602



HAPPY MOTHER'S DAY

Mother's Day is Sunday, May 9th. "When your mother asks, 'Do you want a piece of advice?' it is a mere formality. It doesn't matter if you answer yes or no. You're going to get it anyway." —Erma Bombeck



GASPARILLA DISTANCE CLASSIC

Arrrrgh you ready to run virtually on Bayshore? Due to COVID-19 the Gasparilla Distance Classic will be virtual May 8th & 9th. For more information, visit rungasparilla.com.



MEMORIAL DAY

Bank of America Plaza will be closed on Monday, May 31st in observance of Memorial Day. On this day we honor the men and women who died while serving in the U.S. military.



CITY OF TAMPA WEBSITE

For the most current information on news and events happening in the city of Tampa, including COVID-19 vaccine testing clinics and updates, please visit the City of Tampa website at Tampa.gov.



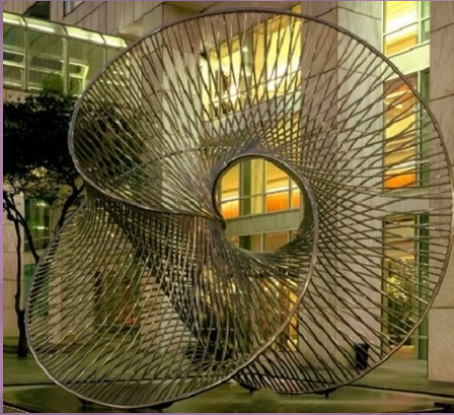
HAPPY ANNIVERSARY

Ford & Harrison 23 yrs
Wagner Law Group 6 yrs



LOBBY MUSICIANS

- 5 Boris Lebedinsky, guitar
- 12 Maria Laude, piano
- 19 Lloyd Burry, piano
- 26 Lorna Anderson, piano



BUILDING AMENITIES

- Bank of America
- Bicycle Repair Station
- Caffe Fresco
- Caffe Fresco Marketplace
- Concierge Services
- Electric Vehicle Charger
- Fitness Center
- Jackson Dental
- KJ's Auto Detailing
- Live Musical Performances
- McNatt's Dry Cleaners
- Restless Styles
- Shoe Shine by Robert
- Stork Parking
- Tenant Conference Center
- Tenant Lounge
- The Tampa Club

RETAIL

- Designing Eyes
- DeVito's Italian Restaurant
- European Wax
- GenX Tavern
- Hotel Bar
- The Pint & Brew
- Tropical Smoothie



oneblood
Share your power.

BLOOD DRIVE

Bank of America Plaza will have a Blood Drive on Thursday, May 20th from 10:00 am - 3:00 pm. All donors will receive a OneBlood T-shirt and a \$10 eGift card. Plus, a wellness checkup including COVID-19 antibody test, blood pressure, temperature, iron count, pulse and cholesterol screening. Please go to oneblood.org to schedule an appointment. Thank you for donating!



LOVE TO RIDE BIKE CHALLENGE

The Tampa Bay Bike Challenge is a fun, free competition between workplaces to see who can earn the most points for riding and encouraging others during May. It's not all about who can ride the most miles, but about encouraging as many people as possible to enjoy riding their bike for health, happiness and fun. There are great prizes that individuals and teams can qualify for by riding their bikes during the Tampa Bay Bike Challenge. For more information, go to lovetoride.net/tampabay.



THE SQUARE

The Square in Lykes Gaslight Square Park is now open. The temporary public space features grab n' go foods, moveable seating, lighting and live music. It is open daily from 7:00 am - 3:00 pm between April and June. The food is provided by **Inside The Box**, an innovative social enterprise of Metropolitan Ministries. Please visit tampasdowntown.com for more information.



TAMPA BAY WELLNESS FESTIVAL

The Wellness community will be coming back together in the Water Works Park on Sunday, May 23rd from 10:00 am - 5:00 pm, spreading health and wellness. This will be a health focused festival spreading good vibes, good music, good food, & local vendors participating. For more information, visit eventbrite.com.



**Tickets
atWork.com**

TICKETS AT WORK

Make the most of your Tickets At Work membership! Get instant access to exclusive deals, limited-time offers and members-only perks on the products, services and experiences you need and love. If you're not already a member, please go to Ticketsatwork.com and sign up using company code: BoaPlaza.

**REUSE
DUCE
CYCLE**

Rev Up Your Recycling

Don't just recycle items in the kitchen. Keep small baskets or bins in bedrooms, living rooms and bathrooms so it's easy to recycle no matter where you are.



Featured Recipe

Easy Strawberry Shortcake

Make the most of strawberry season with this quick version of a dessert favorite.

Ingredients:

- 1 tube refrigerated flaky buttermilk biscuits (5–8 biscuits)
- 2 tablespoons butter, melted
- 1/2 cup sugar, divided
- 3 cups fresh strawberries, sliced
- Whipped cream

Directions:

Heat oven to 375° F.

Dip top and sides of each biscuit in melted butter. Then dip in 1/4 cup sugar, covering the top and sides. Place biscuits sugar-side up on an ungreased baking sheet. Bake 13 to 17 minutes, or until golden brown.

While biscuits bake, make the strawberry mixture. In a medium bowl, stir together strawberries and remaining 1/4 cup sugar. Let sit until berries release their juices, about 30 minutes.

When ready to serve, split biscuit and put a dollop of whipped cream on the bottom half. Add a spoonful or two of the strawberry mixture. Cover with top half of biscuit. Add more whipped cream and a few berry slices.

Find more recipes at Culinary.net.



Wit & Wisdom

“We’re all different.
That’s what makes us special.”
—Carrie Underwood

“In life, there is always that special person who shapes who you are, who helps to determine the person you become.”
—Molly Ringwald

“You just have to find that thing that’s special about you that distinguishes you from all the others, and through true talent, hard work and passion, anything can happen.”
—Dr. Dre

“Don’t ever doubt yourselves or waste a second of your life. It’s too short, and you’re too special.”
—Ariana Grande

“What makes something special is not just what you have to gain, but what you feel there is to lose.”
—Andre Agassi

“Take that one thing you don’t like about yourself and more often than not that’s the one thing that makes you more special.”
—Shay Mitchell

“If you laugh, you think, and you cry, that’s a full day. You do that seven days a week, you’re going to have something special.”
—Jim Valvano

“I believe in individuality, that everybody is special, and it’s up to them to find that quality and let it live.”
—Grace Jones

“You take away all the other luxuries in life, and if you can make someone smile and laugh, you have given the most special gift: happiness.”
—Brad Garrett

May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>May</i>						1
2	3	4	5 Boris Lebedinsky 11:30 - 1:30	6	7	8
9  Mother's Day	10	11	12 Maria Laude 11:30 - 1:30	13	14	15
16	17	18	19 Lloyd Burry 11:30 - 1:30	20 Blood Drive 10:00 - 3:00	21  National Bike to Work Day	22
23/30 Wellness Festival 10:00 - 5:00	24/31  MEMORIAL DAY REMEMBER AND HONOR	25	26 Lorna Anderson 11:30 - 1:30	27	28	29

"This Month In History"

MAY

1922: The Lincoln Memorial is dedicated. It took eight years to build the statue of U.S. President Abraham Lincoln and its surrounding building on Washington, D.C.'s National Mall.

1939: The caped crimefighter Batman makes his debut in issue No. 27 of "Detective Comics." The superhero was an instant hit with readers.

1945: Celebrations erupt worldwide after Allied leaders announce the end of fighting in Europe in World War II.

1963: High school junior Lesley Gore performs her first single, "It's My Party," on TV's "American Bandstand." The next week, the song topped the U.S. pop music chart.

1971: Merging 20 of America's passenger railroad services into one, Amtrak begins service.

1994: Nelson Mandela is inaugurated as South Africa's first Black president.

2001: Thousands line up to be the first customers when tech company Apple opens its first retail stores in Virginia and California.

2019: New York City officially renames the intersection of West 63rd Street and Broadway to Sesame Street to honor the 50th anniversary of the kids' TV show.