



November 2022

BANYAN STREET CAPITAL

PROPERTY MANAGEMENT

813.221.7474

Lynn Vilmar - Sr. Property Manager
Venus Rodriguez - Property Manager
David Arscott - Chief Building Engineer
Isaac Conrad - Asst. Building Engineer
Jennifer Chez - Admin Assistant
Mary Anne Quigley - Concierge

CBRE LEASING TEAM

Philip Weber
Barry Hanerfeld



DAYLIGHT SAVING TIME ENDS

Set your clocks back one hour on
Sunday, November 6th.



BANK OF AMERICA

P L A Z A

101 E Kennedy Blvd. • Tampa, FL 33602



HOPE IS HERE

HOLIDAY FOOD DRIVE

Bank of America Plaza will have a Metropolitan Ministries virtual Holiday Food Drive from November 7th - December 9th. Thank you for your generosity.

CORPORATE MASSAGE O F T A M P A

CHAIR MASSAGE THERAPY

Corporate Massage of Tampa will be offering customized on-site Chair massage Therapy on Wednesday, November 2nd and Tuesday, November 15th from 11:00 - 3:00 in Suite 225.



Thank You VETERANS

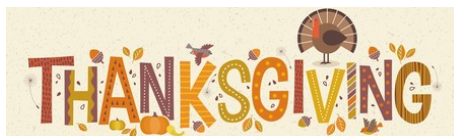
A TRIBUTE TO VETERANS

Veterans Day on November 11th is a federal holiday that honors all men and women who have served in the U.S. armed forces. Originally called Armistice Day, the day marks the 11th hour of the 11th day of the 11th month of 1918 when an armistice between Germany and the Allies went into effect, ending World War I.



HAPPY ANNIVERSARY

Catania & Catania	29 yrs
Verizon	28 yrs
Fisher & Phillips	8 yrs
CS&L	7 yrs



THANKSGIVING HOLIDAY

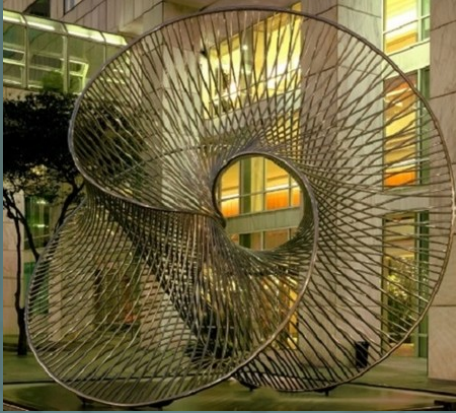
Bank of America Plaza will be closed on Thursday, November 24th in observance of Thanksgiving Day. Happy Thanksgiving from Banyan Street Capital.



LOBBY MUSICIANS

2	Boris Lebedinsky, guitar
9	Lorna Anderson, piano
16	Karen Benjey, piano
30	Maria Laude, piano

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BUILDING AMENITIES

Bank of America
Bicycle Repair Station
Caffe Fresco
Caffe Fresco Marketplace
Concierge Services
Electric Vehicle Charger
Fitness Center
Jackson Dental
KJ's Auto Detailing
Live Musical Performances
Restless Styles
Shoe Shine by Robert
Stork Parking
Tenant Conference Center
Tenant Lounge
The Tampa Club

RETAIL

Designing Eyes
DeVito's Italian Restaurant
European Wax
GenX Tavern
Hotel Bar
The Pint & Brew
Tropical Smoothie



GIFT BASKET WINNER

Congratulations to Chantal DeGroote, Carollo Suite 700. Her favorite candy as a child was Reese's Peanut Butter Cups.



WINTER VILLAGE

Come celebrate the Holiday Season at Winter Village in Curtis Hixon Park starting November 18th and running through January 4th. Enjoy all the sights, sounds and activities for the Holidays for children and adults of all ages. For more details, visit wintervillagetampa.com.

oneblood
Share your power.

BLOOD DRIVE

Bank of America Plaza will have a Blood Drive on Wednesday, November 16th from 10:00 - 3:00. Thank you for donating.

BOLT RUN

The 22nd annual Bolt Run is Saturday, November 12th. Enjoy a 5-mile, 5K or 1-mile Family Fun Run down Bayshore Blvd and finishing outside Amalie Arena. To register, please go to nhl.com/lightning.



Friends of the Riverwalk invites you to enjoy their Holiday Spectacular. Enjoy the festive holiday lights along the Riverwalk and in the river as you stroll along the Riverwalk. This year's event will take place in downtown Tampa from November 2022 through January 2023.





8th Annual
**TAMPA YMCA
TURKEY GOBBLE**

2022 | 1 Mile | 5K | 8K

The 8th annual YMCA Turkey Gobble is Thursday, November 24th. Register at raceroster.com.

**REUSE
DUCE
CYCLE**

NATIONAL RECYCLING DAY

On America Recycles Day, Nov. 15, take a look around and notice all the products that recycling provides. It's not just about turning bottles and cans into even more bottles and cans! Recycling provides everything from materials for roads and decorative tiles to park benches and rugs for the home. Some clothing is even made from recycled materials. To learn more, visit AmericaRecyclesDay.org.



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BANK OF AMERICA
PLAZA

Maple Breakfast Braid

This sausage-stuffed breakfast dish packs the perfect mix of sweet and savory!

Ingredients:

- 1 package (16 ounces) breakfast sausage
- 1/4 cup maple syrup
- 2 eggs, beaten
- 1/2 cup green onions, sliced
- 2 Granny Smith apples, peeled and diced
- 1 1/2 cups dry herb stuffing mix
- 1 package (2 sheets) frozen puff pastry, thawed
- 2 egg whites
- 1 teaspoon water

Directions:

Preheat oven to 400° F.

In a large bowl, combine sausage, syrup, beaten eggs, green onions, diced apples and stuffing mix.

Dust work surface with flour and roll out one pastry sheet to a 12-by-18-inch rectangle. Transfer pastry to large baking sheet lined with parchment paper. Spoon half of sausage mixture down center of pastry.

Make 3-inch cuts down sides of pastry. Fold each strip in toward the center, alternating sides, to "braid" the dough. Fold both ends of the pastry in to seal the filling. In a bowl, beat egg whites and water; brush the egg wash over the pastry. Repeat steps with the second pastry sheet.

Bake 25 to 30 minutes or until brown, rotating pans after 15 minutes.

Find more recipes at Culinary.net.



Wit & Wisdom

"With every deed you are sowing a seed, though the harvest you may not see."

—Ella Wheeler Wilcox

"We are each other's harvest; we are each other's business; we are each other's magnitude and bond."

—Gwendolyn Brooks

"Your talent is a seed; cultivate it, and in no time, you will harvest success."

—Matshona Dhliwayo

"The law of harvest is to reap more than you sow. Sow an act and you reap a habit. Sow a habit and you reap a character. Sow a character and you reap a destiny."

—James Allen

"Every thought is a seed. If you plant crab apples, don't count on harvesting Golden Delicious."

—Bill Meyer

"The harvest of old age is the recollection and abundance of blessing previously secured."

—Marcus Tullius Cicero

"Only those who sow seeds of change can hope to grow and reap a harvest."

—Andrea Goeglein


"Care less for your harvest than for how it is shared, and your life will have meaning and your heart will have peace."

—Kent Nerburn

"I am in love with this world ... I have tilled its soil, I have gathered its harvest, I have waited upon its seasons, and always have I reaped what I have sown."

—John Burroughs

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Corporate Massage 11:00 am - 3:00 pm Boris Lebedinsky 11:30 am - 1:30 pm	3	4	5
6	7	8 	9 Lorna Anderson 11:30 am - 1:30 pm	10	11 Veterans Day	12 Bolt Run
13	14	15 AMERICA RECYCLES DAY 	16 Karen Benjey 11:30 am - 1:30 pm	17	18	19 Miles for Moffitt Run/Walk
20 	21	22	23	24 	25	26
27	28	29	30 Maria Laude 11:30 am - 1:30 pm	November		

"This Month In History"

NOVEMBER

1876: Yale defeats Princeton in the first college football game played on Thanksgiving.

1935: Departing from San Francisco, the China Clipper seaplane carries over 110,000 pieces of mail across the Pacific Ocean, arriving in the Philippines seven days later. The completion of the voyage marked the beginning of trans-Pacific airmail service and travel.

1945: The super-strong, spunky girl with the mismatched socks is introduced to readers when

Astrid Lindgren's book "Pippi Longstocking" is published in Sweden.

1963: Priced at \$15.95, the Easy-Bake Oven debuts in toy stores. Half a million of the mini appliances were sold during the first year.

1982: The first Honda Accord rolls off the assembly line in Marysville, Ohio, making Honda the first Asian automaker to manufacture cars in the U.S.

1993: A football record is set when the Miami Dolphins defeat the Philadelphia Eagles, crowning head coach Don Shula the winningest coach in NFL history.

2005: Angela Merkel is sworn in as the first female chancellor of Germany.

2019: The iconic black leather outfit worn by Olivia Newton-John in the 1978 film "Grease" is auctioned off for \$405,700, with 100% of the proceeds donated to the actress' cancer research organization.