

## BANK OF AMERICA

P L A Z A

101 E Kennedy Blvd. • Tampa, FL 33602

**October 2021**

### BANYAN STREET CAPITAL

#### PROPERTY MANAGEMENT

813.221.7474

[101eastkennedyhandbook.com](http://101eastkennedyhandbook.com)

Lynn Vilmar - Sr. Property Manager  
David Arscott - Chief Building Engineer  
Isaac Conrad - Asst. Building Engineer  
Jennifer Chez - Admin Assistant  
Mary Anne Quigley - Concierge

#### CBRE LEASING TEAM

Philip Weber  
Barry Hanerfeld



#### CRISTO REY HIGH SCHOOL

Banyan Street Capital welcomes Cristo Rey High School student, Jose Bello-Sanchez, to the Team.

The signature and differentiating component of Cristo Rey Tampa Salesian High School is the Corporate Work Study Program (CWSP). Through this innovative program, students receive a private, college preparatory education, while gaining invaluable real-world work experience

from leading corporations and non-profit organizations in the Tampa Bay area.

Students work five full days each month with the school's Partners, who are committed to enriching the lives of the students via coaching, mentoring, and supervision. This distinctive approach to education equips students with the knowledge and skills to transform their lives through rigorous academics, four years of work experience, and support to and through college.



#### BLOOD DRIVE

Bank of America Plaza will have a Blood Drive on Wednesday, October 13 from 10:00 am - 3:00 pm.



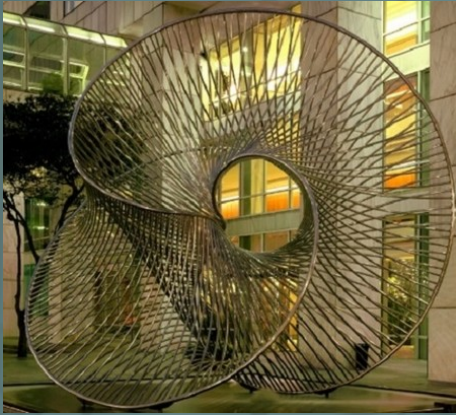
The Dermatology Mobile will be at Bank of America Plaza on Tuesday, October 19 from 8:00 am - 4:00 pm. Please call 941-444-0011 to schedule an appointment.



#### LOBBY MUSICIANS

6 ..... Lorna Anderson, piano  
13 ..... Boris Lebedinsky, guitar  
20, 27 ..... Maria Laude, piano

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**BUILDING AMENITIES**

- Bank of America
- Bicycle Repair Station
- Caffe Fresco
- Caffe Fresco Marketplace
- Concierge Services
- Electric Vehicle Charger
- Fitness Center
- Jackson Dental
- KJ's Auto Detailing
- Live Musical Performances
- McNatt's Dry Cleaners
- Restless Styles
- Shoe Shine by Robert
- Stork Parking
- Tenant Conference Center
- Tenant Lounge
- The Tampa Club

**RETAIL**

- Designing Eyes
- DeVito's Italian Restaurant
- European Wax
- GenX Tavern
- Hotel Bar
- The Pint & Brew
- Tropical Smoothie



**MAMMOGRAPHY MOBILE**

The Mammography Mobile will be at Bank of America Plaza on Friday, October 22 from 8:30 am - 2:30 pm. To schedule an appointment, please call (813) 601-1925.



Hill Ward Henderson .....	35 yrs
US Legal .....	35 yrs
CEA .....	33 yrs
Lockheed Martin .....	21 yrs
Universal Reporting .....	6 yrs



**OKTOBERFEST**

Oktoberfest Tampa returns October 8-10. For 3 full days, Tampa's downtown Curtis Hixon Park will be transformed into the city's largest, waterfront Biergarten. Soak in the sprawling downtown views and beautiful sunsets, as the park buzzes with live music, dancing, dirndls and lederhosen, and all the bratwurst and schnitzel your heart desires! For more details, visit oktoberfesttampa.com.



**HURRICANE PREPAREDNESS GIFT BASKET WINNER**

Congratulations to Rochelle Glinka with Maney Gordon Zeller, Suite 1700. Rochelle stocks her home with water, plywood, canned goods, a generator, nonperishable items, 2 propane tanks, a radio and batteries.



**CORPORATE MASSAGE OF TAMPA**

Wellness Wednesday returns October 6. Corporate Massage of Tampa will be at Bank of America Plaza from 11:00 am - 3:00 pm in Suite 225.



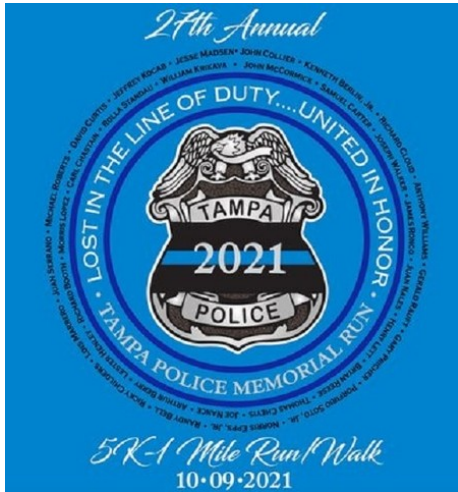
The 5th annual Riverwalk Trick or Treat event is Saturday, October 30 from 4:00 pm – 7:00 pm. The FREE event concludes with a Boat Parade.





### REV UP YOUR RECYCLING

Don't just recycle items in the kitchen. Keep small baskets or bins in bedrooms, living rooms and bathrooms so it's easy to recycle no matter where you are.



The Tampa Police Memorial Run will be held October 9 at 8:00 am at the Lykes Gaslight Park, in front of Tampa Police Headquarters. For more information, please go to [tampa.gov](http://tampa.gov).



## Featured Recipe

### Pizza Burgers With Mushrooms

Beef up the taste of burgers by adding a few mushrooms to the mix!

#### Ingredients:

- 1 tablespoon extra-virgin olive oil
- 1 medium portobello mushroom, finely chopped
- 2–3 white button mushrooms, finely chopped
- 1/2 small onion, chopped
- 1/2 clove garlic, minced
- 2 teaspoons Italian herb seasoning blend
- 1 pound ground beef
- Salt, to taste
- 1 cup pizza or marinara sauce
- 1 cup shredded mozzarella cheese
- 4 hamburger buns

#### Directions:

Add olive oil to a skillet over medium-high heat. Sauté mushrooms, onions, garlic and herb seasoning for about 5 minutes, or until the vegetables are soft. Let the mix cool.

Transfer the mushroom mixture to a large bowl and blend with ground beef. Season with salt.

Form 4 patties. Reheat the pan and cook the burgers to your desired doneness. Top each patty with a dollop of sauce and a sprinkle of cheese, then cover the pan to melt the cheese. Serve on buns.

Find more recipes at [MushroomCouncil.com](http://MushroomCouncil.com).



### Wit & Wisdom

“A smile is like an instant face-lift and an instant mood lift.”

—Christie Brinkley

“Use your smile to change the world; don't let the world change your smile.”

—Chinese proverb

“Just smiling at someone walking down the street can make the person's day. It's all about paying it forward.”

—Mariska Hargitay

“Everyone smiles in the same language.”

—George Carlin

“Let us always meet each other with a smile, for the smile is the beginning of love.”

—Mother Teresa

“As long as you live, keep smiling because it brightens everybody's day.”

—Vin Scully

“Nothing is more beautiful than a smile that has struggled through tears.”

—Demi Lovato

“Smiling is definitely one of the best beauty remedies. If you have a good sense of humor and a good approach to life, that's beautiful.”

—Rashida Jones

“Nothing you wear is more important than your smile.”

—Connie Stevens

“A smile is a curve that sets everything straight.”

—Phyllis Diller

## October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>October</i>					1	2 Gasparilla Music Festival
3	4	5	6 Wellness Wednesday 11:00 - 3:00 Lorna Anderson 11:30 - 1:30	7 	8	9 Oktoberfest Weekend Police Memorial Run
10	11  Celebrate Columbus Day	12	13 Bloodmobile 10:00 - 3:00 Boris Lebedinsky 11:30 - 1:30	14	15	16  NATIONAL BOSS DAY
17	18	19 Derma Mobile 8:00 - 4:00	20 Maria Laude 11:30 - 1:30	21	22 Mammography Mobile 8:30 - 2:30	23
24/31 	25	26	27 Maria Laude 11:30 - 1:30	28	29	30

# "This Month In History"

## OCTOBER

**1901:** The Executive Mansion is officially renamed the White House by President Theodore Roosevelt.

**1940:** Considered America's first superhighway, the Pennsylvania Turnpike opens to traffic. The 160-mile four-lane roadway was called an engineering marvel.

**1956:** In a match known as "game of the century," 13-year-old chess prodigy Bobby Fischer defeats international master Donald Byrne.

**1962:** "Dr. No," the first in the movie franchise about fictional British spy James Bond, premieres in London.

**1974:** Former MVP Frank Robinson is named the MLB's first Black manager when he's chosen to lead the league's Cleveland team.

**1984:** During a mission on the space shuttle Challenger, astronaut Kathryn Sullivan becomes the first American woman to walk in space.

**2008:** The popular music, podcast and video streaming service Spotify launches in its home country of Sweden.

**2019:** After winning five medals at the world championships in Germany, Simone Biles breaks records to become the most-decorated gymnast in the annual competition's history.