



BANK OF AMERICA PLAZA

101 E Kennedy Blvd. • Tampa, FL 33602

August 2020

BANYAN STREET
CAPITAL

PROPERTY MANAGEMENT

813.221.7474

101eastkennedyhandbook.com

Lynn Vilmar - Sr. Property Manager

Karen Mendez - Property Manager

David Arscott - Chief Building Engineer

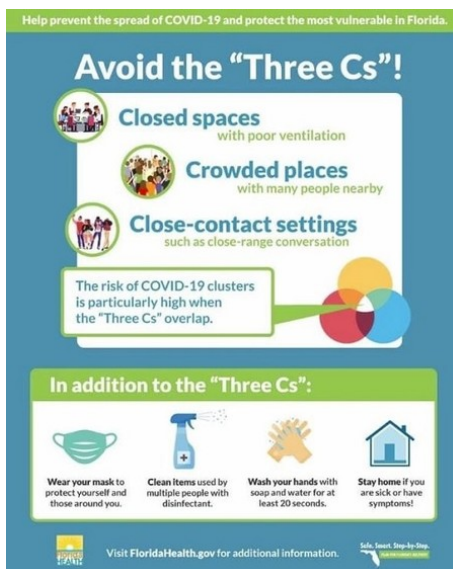
Jennifer Bautista - Admin Assistant

Mary Anne Quigley - Concierge

CBRE LEASING TEAM

Philip Weber

Barry Hanerfeld



HEALTH AND SAFETY PRECAUTIONS

Bank of America Plaza's Property Management is continuing to frequently clean and disinfect high touch common areas, including restrooms, elevators, doors, etc. Let's all work together to stop the spread of COVID-19 by remembering to follow the guidelines recommended by the CDC. We're all in this together!



BLOOD DRIVE

Bank of America Plaza will have a Blood Drive on Wednesday, August 26 from 10:00 am - 3:00 pm. Please contact the Concierge or go to OneBlood.org to schedule an appointment. Thank you for donating!



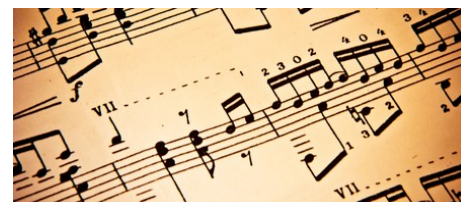
BACK TO SCHOOL SUPPLIES

Thank you to all those who donated to the Backpack of Hope Drive. Your generosity is greatly appreciated.



HAPPY ANNIVERSARY

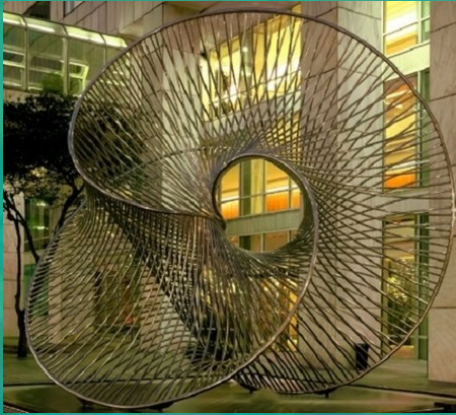
Jackson Dental 7 yrs
Moasaic 1 yr



LOBBY MUSICIANS

5, 19 Lorna Anderson, piano
12, 26 Maria Laude, piano

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BUILDING AMENITIES

Bank of America
Bicycle Repair Station
Caffe Fresco
Caffe Fresco Marketplace
Concierge Services
Electric Vehicle Charger
Fitness Center
Jackson Dental
KJ's Auto Detailing
Live Musical Performances
McNatt's Dry Cleaners
Restless Styles
Shoe Shine by Robert
Stork Parking
Tenant Conference Center
Tenant Lounge
The Tampa Club

RETAIL

Designing Eyes
DeVito's Italian Restaurant
European Wax
GenX Tavern
Hotel Bar
The Pint & Brew
Tropical Smoothie



BATTERY RECYCLING

Just a reminder: Bank of America Plaza has a Battery Recycling Program. A collection bin is located in the 3rd floor mailroom for tenant use. The following types of batteries are acceptable: * Alkaline and Carbon Zinc Batteries * Lead Acid Gel Batteries * Lithium (**Primary Batteries**) * Lithium-ion (Li-ion) Batteries * Mercury Batteries * Nickel-cadmium (NiCd) Batteries * Nickel Metal Hydride (NiMH) Batteries. Thank you for recycling!



BOLTS BREW FEST

Hockey and beer? That's a no-brainer! On Sunday, August 16th from 7:00 pm - 10:00 pm, the Tampa Bay Lightning is bringing back THE craft beer drinking event of the summer, Bolts Brew Fest. Step foot into AMALIE Arena to be greeted by a sea of breweries located throughout the arena concourse and event floor. For more information, please go to tampasdowntown.com.

What's NEW! New?

RETAIL TENANTS

Did you know most of our Retail Tenants are open for business? You can support our retail tenants by purchasing goods or services and/or gift cards for future use. Remember, we're all in this together!

- Caffe Fresco 221.7570
caffefrescotampa.com
- Caffe Fresco Marketplace 221.7570
- Designing Eyes 229.0551
Designingeyes.net
- DeVito's Italian Specialties 609-3833 Devitostampa.com
- European Wax 218.9000

waxcenter.com

- GenX 694.7001

Genxtavern.com

- Hotel Bar 533.2650

hotelbartampa.com

- Jackson Dental 701.3141

Jacksondentaltampa.com

- Restless Styles 374.8816

- The Tampa Club 229.6028

Thetampaclub.com

- The Pint & Brew 867.8804

thepintandbrew.com

- Tropical Smoothie 225.1550

tropicalsmoothiecafe.com



FACE COVERINGS REQUIRED

Effective Friday, June 19, 2020 at 5pm, Every person working, living, visiting, or doing business in the City of Tampa shall wear a face covering in any indoor location, other than their home or residence, when not maintaining social distancing from other persons, excluding family members or companions.

For more information and a list of exceptions, please visit tampagov.net/COVID-19

Tampa

**REUSE
DUCE
CYCLE**

RECYCLE

Did you know that most recycling centers will not accept your old videotapes, CDs or DVDs? Yet, if you toss them in the garbage, they can take up to 450 years to decompose in a landfill. Instead, donate these items to ACT (Alternative Community Training), a nonprofit agency that employs people with disabilities. The organization's staff erases data from videotapes, computer disks, CDs, DVDs and similar products and sells them at a much lower cost than you will find in your local computer store. They also sell recycled CD and DVD cases. ACT 100 percent guarantees its products. When you purchase from ACT, you provide adults with disabilities a sense of pride and self-worth, while being environmentally conscious. Details: www.ActRecycling.org.



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Mediterranean Tuna Pasta

Combine pantry staples and a few seasonal fresh vegetables to create a healthy meal in about 20 minutes.

Ingredients:

- 1 package (16 ounces) penne pasta
- 1 tablespoon olive oil
- 1 can (15 ounces) chickpeas, drained
- 1/2 pound red cherry tomatoes, sliced in half
- 1 medium zucchini, sliced 1/4-inch thick
- 1 can (6 ounces) pitted black olives
- 1 can (5 ounces) chunk light tuna, drained
- 1 teaspoon dried oregano
- Salt and pepper
- 1/2 cup Parmesan cheese

Directions:

Cook pasta according to package directions. Set aside.

Warm olive oil on medium heat in large skillet. Add chickpeas, tomatoes, zucchini, olives, tuna, oregano and salt and pepper to taste. Saute, stirring constantly, until zucchini is cooked to desired firmness and rest of ingredients are warmed through.

Spoon mixture over cooked pasta. Serve topped with Parmesan cheese.

*Find more recipes at
ChickenoftheSea.com.*



Wit & Wisdom

"Now came the dog days—
 day after day of hot, still summer,
 when for hours at a time light seemed
 the only thing that moved."
 —Richard Adams

"A dog is a window to Mother Nature."
 —Cesar Millan

"You know, a dog can snap you out of
 any kind of bad mood that you're in
 faster than you can think of."
 —Jill Abramson

"Dogs laugh, but they laugh with
 their tails."
 —Max Eastman

"I have found that when you are
 deeply troubled, there are things
 you get from the silent devoted
 companionship of a dog that you
 can get from no other source."
 —Doris Day

"Dogs have boundless enthusiasm
 but no sense of shame.
 I should have a dog as a life coach."
 —Moby

"A dog can't think that much about
 what he's doing, he just does
 what feels right."
 —Barbara Kingsolver

"If I could be half the person my dog
 is, I'd be twice the human I am."
 —Charles Yu

"You can say any foolish thing to
 a dog, and the dog will give you a
 look that says, 'Wow, you're right!
 I never would've thought of that!'"
 —Dave Barry

"The only creatures that are evolved
 enough to convey pure love are
 dogs and infants."
 —Johnny Depp

August 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AUGUST						1
2	3	4	5 Lorna Anderson 11:30 - 1:30	6	7 	8
9  ENJOY SUMMER!	10	11	12 Maria Laude 11:30 - 1:30	13	14	15
16	17	18 	19 Lorna Anderson 11:30 - 1:30	20	21	22
23/30	24/31	25	26 Maria Laude 11:30 - 1:30	27 	28	29

"This Month In History" AUGUST

1902: Pioneering cookbook author Fannie Farmer opens a cooking school in Boston, Miss Farmer's School of Cookery.

1938: Hollywood dance duo Fred Astaire and Ginger Rogers are featured on the cover of Life magazine.

1948: As part of the Berlin airlift operation, American and British planes fly in a record 5,000 tons of supplies in one day to parts of the city cut off by a Soviet blockade.

1962: Little Eva travels to the top of the pop music chart with the hit song "Loco-Motion" and inspires a dance craze.

1975: The first nighttime match is played under lights at the U.S. Open tennis tournament in New York City.

1990: The largest and best-preserved Tyrannosaurus rex skeleton ever found is discovered in South Dakota. The 65 million-year-old dinosaur specimen is on display at Chicago's Field Museum.

2015: Facebook hits a milestone, reporting that 1 billion people logged on to the social networking website in a single day.