



BANK OF AMERICA PLAZA

101 E Kennedy Blvd. • Tampa, FL 33602

March 2020

PROPERTY MANAGEMENT

813.221.7474

101eastkennedyhandbook.com

Lynn Vilmar - Sr. Property Manager

Karen Mendez - Property Manager

David Arscott - Chief Building Engineer

Jennifer Bautista - Admin Assistant

Mary Anne Quigley - Concierge

CBRE LEASING TEAM

Philip Weber

Barry Hanerfeld

BANYAN STREET

CAPITAL



RIVER O' GREEN FEST

The Annual Mayor's River O'Green Fest will be on Saturday, March 14th from 11:00 am - 6:00 pm in Curtis Hixon Waterfront Park.

The Irish-themed party is centered around the Hillsborough River, which will be transformed into a bright shade of green for the occasion. The river provides a perfect backdrop to the celebration which includes live entertainment, games, kids activities, food trucks, and of course, beer! Everyone who brings 3 nonperishables or a \$10 donation for the Salvation Army will also receive a free "St. Patrick's Army" tee-shirt. The entire family is welcome, including four-legged members!



ST. PATRICK'S DAY GIFT BASKET DRAWING

Are you feeling lucky? Register to win a St. Patrick's Day Gift Basket by going to the Bank of America Plaza portal at <https://cp.axisportal.com>. The lucky winner will be announced on St. Patrick's Day.



DAYLIGHT SAVING TIME BEGINS

Don't forget to set your clocks one hour ahead on Sunday, March 8th at 2:00 am.



HAPPY ANNIVERSARY

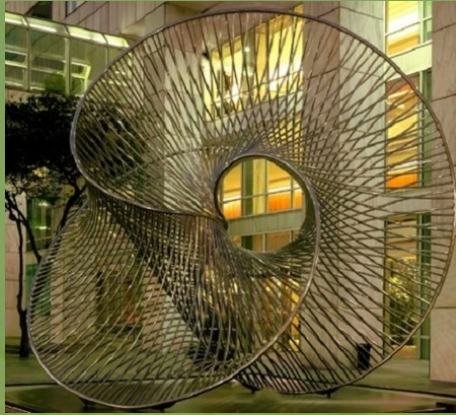
de la Parte & Gilbert



LOBBY MUSICIANS

- 4 Maria Laude, piano
- 11 Lorna Anderson, piano
- 18 Lloyd Burry, piano
- 25 Maria Laude, piano

FOLLOW US ON FACEBOOK & TWITTER



BUILDING AMENITIES

- Bank of America
- Bicycle Repair Station
- Caffe Fresco
- Caffe Fresco Marketplace
- Concierge Services
- Electric Vehicle Charger
- Fitness Center
- Jackson Dental
- KJ's Auto Detailing
- Live Musical Performances
- McNatt's Dry Cleaners
- Restless Styles
- Shoe Shine by Robert
- Stork Parking
- Tenant Conference Center
- Tenant Lounge
- The Tampa Club

RETAIL

- ARC Document Solutions
- Designing Eyes
- European Wax
- GenX Tavern
- Hotel Bar
- The Pint & Brew
- Tropical Smoothie



EXECUTIVE/CORPORATE HEADSHOTS

EXECUTIVE/ CORPORATE PORTRAIT SESSION

JONATHAN WOOD PHOTOGRAPHY
will be at
The Bank of America Bldg
on
FEBRUARY 4TH -TUESDAY
&
MARCH 4TH - WEDNESDAY
from
10:30AM-1:00PM

Headshots \$100
includes 2 digital images
retouched, high-resolution
call or email to set your appointment
813.244.5443
JonathanWoodPhotography@yahoo.com



GASPARILLA MUSIC FESTIVAL

The Gasparilla Music Festival is March 7-8 in Curtis Hixon Park. The Festival features musical acts from a wide variety of genres on several stages and cuisine from the region's top restaurants. As part of its mission to support and promote music and education, the organization is involved throughout the year in several initiatives including providing scholarships and instruments to music students. For more information, visit gasparillamusic.com.



Reduce, Reuse, Recycle

U.S. citizens alone throw out over four million disposable pens — daily. Consider stocking the office with reusable pens instead. Stock the supplies cupboard only with refills for these pens. This creates incentives to keep track of and use their pens, and they're actually cheaper in the long run and usually much nicer to use.



GASPARILLA INTERNATIONAL FILM FESTIVAL

The Gasparilla Film Festival is March 17-22 at Tampa Theatre. GIFF year after year hosts thousands of filmmakers, talent, producers, and film buffs from around the world. The GIFF crew also showcases countless World Premieres, USA Premieres, and Florida Premiere film screenings. PS-The Opening and Closing party are "Do not miss" kind of events! Film Passes are the best way to experience the Festival. You'll get amazing benefits like Priority Entry to Films, 10% Off Merchandise, and More! For more information, please go to gasparillafilmfestival.com.



MARCH MADNESS® TOURNAMENT

Break out the brackets! The Road to the Final Four® stops in Tampa March 19 & 21 at Amalie Arena when the University of South Florida hosts the First and Second Rounds of the NCAA® March Madness® Tournament! For more information, please go to amaliearena.com.



FIGHT FOR AIR CLIMB

The annual Fight For Air Stairclimb is Saturday, April 4th at 8:00 am at Bank of America Plaza. Step up and make a positive impact for lung health. Raise funds and challenge yourself to support the American Lung Association's mission while climbing the 42 Floors and 914 Stairs. To register for the climb visit lung.org.



One Minute Chef

Fresh Berry Salad With Poppy Seed Dressing

Dressing Ingredients:

- 3/4 cup apple cider vinegar
- 3/4 cup lemon juice
- 1/4 cup Dijon mustard
- 1/2 cup sugar
- 1 teaspoon kosher salt
- 1/2 teaspoon black pepper
- 1 tablespoon poppy seeds
- 1 2/3 cups canola oil

Salad Ingredients:

- 6 cups spinach
- 2 cups romaine lettuce
- 3/4 cup sliced fresh strawberries
- 1/3 cup fresh blueberries
- 1/3 cup feta cheese
- 1/3 cup walnuts
- 2 tablespoons chopped scallions
- 1/3 cup canned mandarin oranges, drained
- 1/2 avocado, diced

Directions:

In blender, combine apple cider vinegar, lemon juice, Dijon mustard, sugar, salt, pepper and poppy seeds. Blend 1 minute, or until smooth. Slowly add in canola oil and continue to blend until oil is fully emulsified.

In large bowl, combine all salad ingredients with dressing. Toss thoroughly.

Find more recipes at SweetTomatoes.com.



Wit & Wisdom

“Great art picks up where nature ends.”
—Marc Chagall

“In the mind of every artist there is a masterpiece.”
—Kai Greene

“Art evokes the mystery without which the world would not exist.”
—René Magritte

“Sometimes with art, it is important just to look.”
—Marina Abramovic

“When I think of art I think of beauty. Beauty is the mystery of life.”
—Agnes Martin

“If art doesn't make us better, then what on earth is it for?”
—Alice Walker

“The artist is not a different kind of person, but every person is a different kind of artist.”
—Eric Gill

“In a sense, as we are creative beings, our lives become our work of art.”
—Julia Cameron

“Great art is indefinable but that's all right; it exists anyway.”
—Edward Abbey

“A true artist is not one who is inspired but one who inspires others.”
—Salvador Dalí

“Art helps us identify with one another and expands our notion of we—from the local to the global.”
—Olafur Eliasson

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Gasparilla Arts Festival	2	3	4 Headshots 10:30 - 1:00 Maria Laude 11:30 - 1:30 Workout Wednesdays noon - 2:00 pm	5	6	7 Gasparilla Music Festival
8 Daylight Saving Time Begins Gasparilla Music Festival	9	10	11 Lorna Anderson 11:30 - 1:30 Workout Wednesdays noon - 2:00 pm	12	13 	14 River O' Green Fest
15	16 	17 St. Patrick's Day	18 Lloyd Burry 11:30 - 1:30 Workout Wednesdays noon - 2:00 pm	19	20	21
22	23	24	25 Maria Laude 11:30 - 1:30 Workout Wednesdays noon - 2:00 pm	26	27	28
29	30	31	 MARCH 			



LOCAL events
explore | go | enjoy

March 2020

Through March 8
"Brigadoon"
 Francis Wilson Playhouse
 Clearwater
www.FrancisWilsonPlayhouse.org

March 1
Celtic Woman
 The Mahaffey Theater
 St. Petersburg
www.TheMahaffey.com

March 13-15
"The Pirates of Penzance"
 Straz Center for the Performing Arts
www.StrazCenter.org

March 21-May 3
"Student Surrealist Art Exhibit"
 The Dali Museum
 St. Petersburg
www.TheDali.org

March 25
"MasterChef Junior Live!"
 Ruth Eckerd Hall
 Clearwater
www.RuthEckerdHall.com

March 26-29
Tampa Bay Rays vs. Pittsburgh Pirates
 Tropicana Field
 St. Petersburg
www.MLB.com/rays

Events, dates and venues are subject to change.