



**February 2020**

**PROPERTY MANAGEMENT**

813.221.7474

[101eastkennedyhandbook.com](http://101eastkennedyhandbook.com)

Lynn Vilmar - Sr. Property Manager

Karen Mendez - Property Manager

David Arscott - Chief Building Engineer

Jennifer Bautista - Admin Assistant

Mary Anne Quigley - Concierge

**CBRE LEASING TEAM**

Philip Weber

Barry Hanerfeld

**BANYAN STREET**  
CAPITAL

# BANK OF AMERICA PLAZA

101 E Kennedy Blvd. • Tampa, FL 33602



**GO RED FOR WOMEN**

Go Red For Women encourages awareness of the issue of women and heart disease, and also action to save more lives. The movement harnesses the energy, passion and power women have to band together and collectively wipe out heart disease. It challenges them to know their risk for heart disease and take action to reduce their personal risk. It also gives them the tools they need to lead a heart healthy life.

Throughout the month of February Bank of America Plaza will fly red flags in support of the Go Red for Women campaign. The American Heart Association created Go Red For Women, a passionate, emotional, social initiative designed to empower women to take charge of their heart health.



**HAPPY VALENTINE'S DAY**

Please join the Management Team for Valentine's Day sweet treats on Friday, February 14th from 1:00 pm - 3:00 pm in the third floor lobby. Happy Valentine's Day from Banyan Street Capital.



**HAPPY ANNIVERSARY**

Ankura  
Bank of America  
Capco  
Enable America  
McNatt's  
Salem Law Group  
Zuckerman Spaeder



**BLOOD DRIVE**

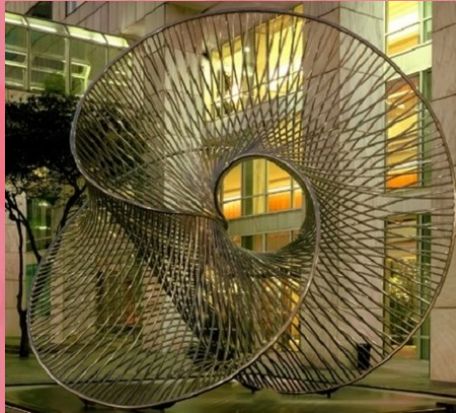
Bank of America Plaza will have a Blood Drive on Wednesday, February 19th from 10:00 am - 3:00 pm. Contact the Concierge to schedule an appointment. Thank you for donating!

**LOBBY MUSICIANS**



- 5 ..... Maria Laude, piano
- 12 ..... Lloyd Burry, piano
- 19 ..... Boris Lebedinsky, guitar
- 26 ..... Andrew Kendle, clarinet

**FOLLOW US ON FACEBOOK & TWITTER**



### BUILDING AMENITIES

- Bank of America
- Bicycle Repair Station
- Caffe Fresco
- Caffe Fresco Marketplace
- Concierge Services
- Electric Vehicle Charger
- Fitness Center
- Jackson Dental
- KJ's Auto Detailing
- Live Musical Performances
- McNatt's Dry Cleaners
- Restless Styles
- Shoe Shine by Robert
- Stork Parking
- Tenant Conference Center
- Tenant Lounge
- The Tampa Club

### RETAIL

- ARC Document Solutions
- Designing Eyes
- European Wax
- GenX Tavern
- Hotel Bar
- The Pint & Brew
- Tropical Smoothie



### EXECUTIVE/CORPORATE HEAD SHOTS

**EXECUTIVE/ CORPORATE PORTRAIT SESSION**

**JONATHAN WOOD PHOTOGRAPHY**  
 will be at  
 The Bank of America Bldg  
 on  
**FEBRUARY 4TH -TUESDAY**  
 &  
**MARCH 4TH - WEDNESDAY**  
 from  
**10:30AM-1:00PM**

Headshots \$100  
 includes 2 digital images  
 retouched, high-resolution  
 call or email to set your appointment  
 813.244.5443  
 JonathanWoodPhotography@yahoo.com



### JEWELRY SALE

There will be an Origami Owl Jewelry Sale on Wednesday, February 5th from 10:00 am - 2:00 pm in Suite 225.



### JEWELRY & CLOTHING SALE

Bank of America Plaza will have an Erika Williner Jewelry sale and a Charity Branch Clothing With a Cause sale on Thursday, February 13th from 10:00 am - 2:00 pm in Suite 225.



### BEER, BOURBON & BBQ FESTIVAL

The 6th annual Beer, Bourbon & BBQ Festival is Saturday, February 15th at 2:00 pm in Curtis Hixon Park. Enjoy all those pleasures that true Southerners live by – Beer, Bourbon, Barbeque, Boots, Bacon, Biscuits, Bluegrass. It's a great day of beer sippin', bourbon tastin', music listenin', cigar smokin', and barbeque eatin'. Each Guest Receives a Souvenir Glass.



### GASPARILLA DISTANCE CLASSIC

Come out and test your endurance at the 2020 Gasparilla Distance Classic on February 22nd & 23rd in downtown Tampa. This annual road race includes a full slate of running events for runners at all levels, including a 5K, 8K, 15K and a half marathon. In addition to all the racing events there is the 8 On Your Side Health & Fitness Expo which is free and open to the public. For more information on all the weekend festivities, please log onto [rungasparilla.com](http://rungasparilla.com).



**OUTBOUND VOYAGE**

Ye Mystic Krewe of Gasparilla will celebrate their conquest of Tampa with a celebration as Tampa’s favorite pirates make ready to leave the city from Sparkman Wharf on Saturday, February 29th at 2:00 pm. The Captain of the Krewe meets with the Mayor, who seeks the return of the key to the city. After a brief encounter, the Captain and his mates board the Jose Gasparilla and sail back out to sea with a final cannon salute launched toward downtown Tampa.



**One Minute Chef**

**Chocolate Cherry Thumbprints**

**Ingredients:**

- 1 cup butter, softened
- 2 cups sugar
- 2 eggs
- 2 teaspoons vanilla
- 3 cups flour
- 1 cup cocoa
- 1/2 teaspoon salt
- 1/2 teaspoon baking soda
- 1/2 teaspoon baking powder
- 1 can (21 ounces) cherry fruit filling
- 1/2 cup chocolate chips

**Directions:**

Heat oven to 350° F.

Cream butter and sugar until light and fluffy. Mix in eggs, one at a time. Add vanilla and mix until combined. Add flour, cocoa, salt, baking soda and baking powder. Mix until combined.

Roll dough into 2-inch balls. Place on greased baking sheet or baking sheet lined with parchment paper. Press thumb into center of each cookie to make a well. Spoon cherries into each cookie.

Bake for 12 minutes. Allow cookies to cool.

Melt chocolate chips according to package directions. Drizzle over cookies. Let chocolate set and serve immediately or store in airtight container.

More recipes at [www.LuckyLeaf.com](http://www.LuckyLeaf.com).



**Wit & Wisdom**

“Cheerfulness is the best promoter of health and is as friendly to the mind as to the body.”

—Joseph Addison

“Be healthy and take care of yourself, but be happy with the beautiful things that make you, you.”

—Beyoncé

“The root of all health is in the brain. The trunk of it is in emotion. The branches and leaves are the body. The flower of health blooms when all parts work together.”

—Kurdish proverb

“A healthy outside starts from the inside.”

—Robert Urich

“I do try to eat lots of salads and healthy foods. But cakes are healthy, too; you just eat a thin slice.”

—Mary Berry

“Good health is a duty to yourself, to your contemporaries, to your inheritors, to the progress of the world.”

—Gwendolyn Brooks

“Keep your vitality. A life without health is like a river without water.”

—Maxime Lagacé

“Eat healthily, sleep well, breathe deeply, move harmoniously.”

—Jean-Pierre Barral

“Treasure the love you receive above all. It will survive long after your good health has vanished.”

—Og Mandino

“Happiness is nothing more than good health and a bad memory.”

—Albert Schweitzer

## February 2020

Sunday

Monday

Tuesday



Wednesday

Thursday

Friday

Saturday

♥♥ FEBRUARY ♥♥

|                                   |                      |   |   |   |   |   |   |
|-----------------------------------|----------------------|---|---|---|---|---|---|
|                                   |                      |   |   |   |   |   | 1 |
| 2<br>Super Bowl Sunday            | 3                    | 4<br>Executive Head shots<br>10:30 - 1:00<br>Suite 225                                  | 5<br>Jewelry Sale<br>10:00 - 2:00<br>Maria Laude<br>11:30 - 1:30      | 6   | 7   | 8   |   |
| 9                                 | 10                   | 11<br> | 12<br>Lloyd Burry<br>11:30 - 1:30                                     | 13<br>Jewelry & Clothing Sale<br>10:00 - 2:00 | 14<br>Valentine's Day Event<br>1:00 pm  | 15<br>Beer, Bourbon & BBQ Festival<br>2:00 pm |   |
| 16                                | 17<br>Presidents Day | 18  | 19<br>Blood Drive<br>10:00 - 3:00<br>Boris Lebedinsky<br>11:30 - 1:30 | 20  | 21<br> | 22<br>Gasparilla Distance Classic             |   |
| 23<br>Gasparilla Distance Classic | 24                   | 25  | 26<br>Andrew Kendle<br>11:30 - 1:30                                   | 27  | 28  | 29<br>Gasparilla Outbound Voyage              |   |

## "This Month In History" FEBRUARY

**1929:** Winners of the first Academy Awards are announced. A formal ceremony for the honorees was held three months later.

**1932:** Athletes from 17 countries compete at the third Winter Olympics, held in Lake Placid, N.Y.

**1940:** American folk singer Woody Guthrie composes "This Land Is Your Land." He didn't record the song until 1944.

**1957:** The first portable electric typewriters hit the market.

**1968:** In the town of Haleyville, Ala., the first call is made to test the new national 911 emergency telephone system.

**1982:** After 27 years of music and dancing, the final episode of "The Lawrence Welk Show" is produced.

**1992:** The fleet of famous silver Goodyear blimps gets a makeover with a new design in blue and gold.

**2010:** At Super Bowl XLIV, the New Orleans Saints win their first NFL championship, defeating the Indianapolis Colts 31-17.

**2017:** Hip-hop artist Shawn "Jay-Z" Carter is chosen for induction into the Songwriters Hall of Fame. He was the first rapper to receive the honor.