



February 2025

BANYAN STREET CAPITAL

PROPERTY MANAGEMENT

813.221.7474

Jennifer Chez - Asst. Property Manager
David Arscott - Area Chief Engineer
Isaac Conrad - Asst. Building Engineer
Mary Anne Quigley - Concierge

CBRE LEASING TEAM

Philip Weber
Barry Hanerfeld



PRESIDENTS DAY

The Management Office will be closed on Monday, February 17, in observance of Presidents Day.



BANK OF AMERICA

PLAZA

101 E Kennedy Blvd. • Tampa, FL 33602



VALENTINE'S DAY TENANT EVENT

In celebration of Valentine's Day, the Management Team invites you to join them on Friday, February 14, at 1:00 pm in the lobby on the 3rd floor as they give away mugs with single servings of hot chocolate. Happy Valentine's Day from Banyan Street Capital!



Ankura	22 yrs
Gen X Tavern	6 yrs
Boyd Waterson	4 yrs
Oscar & Associates	2 yrs



Global Renaissance
Insurance Marketing Inc.

GLOBAL RENAISSANCE INSURANCE MARKETING

Bank of America Plaza welcomes new tenant Global Renaissance Insurance Marketing Inc., Suite 1430. President and CEO David Weiner has been successful in the insurance industry since 1982. A former State Chair of the National Business Advisory Board for the State of Missouri, he is also now a Field Partner for their technology company, United Financial Freedom. Over those decades, he has seen a lot of changes as the industry has evolved. In the past year, he penned the book "Banking Like a Bank" and he is proud to have launched the "Banking Like a Bank" Movement. The book has been a bestseller on Amazon over the past year. For more information on Global Renaissance, please visit their website at www.globalrenins.com.

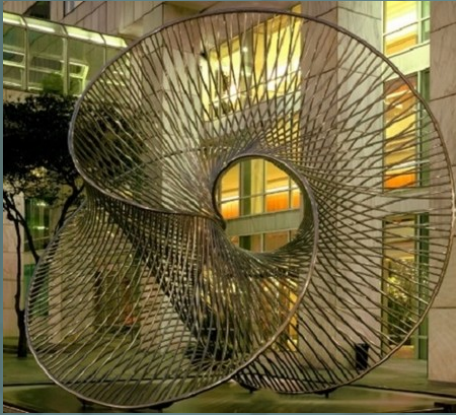


Bank of America Plaza will fly a red flag throughout the month of February in observance of the American Heart Association's Go Red For Women campaign.

**CORPORATE MASSAGE
OF TAMPA**
On-Site Relief for Stress and Pain

On-Site Chair Massage Therapy is on Wednesday, February 12, from 11:00 am - 3:00 pm, in Suite 225. To schedule an appointment, visit www.corporatemassagetampa.com.

FOLLOW US ON INSTAGRAM



BUILDING AMENITIES

Bank of America
Bicycle Repair Station
Caffe Fresco
Concierge Services
Electric Vehicle Charger
Fitness Center
Jackson Dental
KJ's Auto Detailing
Shoe Shine by Robert
Stork Parking
Tenant Conference Center
The Solo Hair Salon
The Tampa Club

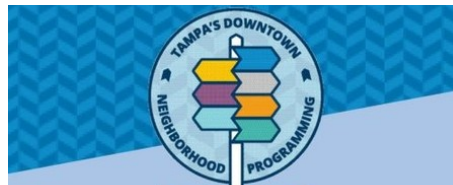
RETAIL

Designing Eyes
DeVito's Italian Restaurant
European Wax
GenX Tavern
Hotel Bar
The Pint & Brew
Tropical Smoothie



VIVA TAMPA BAY FESTIVAL

The Viva Tampa Bay Hispanic Heritage Festival is February 1 - 2 in Curtis Hixon Park. Festival-goers can enjoy live music and entertainment for an unforgettable celebration of Hispanic culture and community. For details, visit vivatampabayfest.com.



BACKYARD MARKET

Downtown's Backyard Market is on Thursday, February 13, from noon to 4:30 pm on the Esplanade.



Rock the Park, Tampa's free monthly music series, is on Thursday, February 6, at 6:30 pm in Curtis Hixon Park.



Fiesta Day is Saturday, February 22, from 11:00 am - 6:00 pm in Ybor City. Visit ybor.org for more details.



SANT' YAGO KNIGHT PARADE

The Krewe of the Knights of Sant' Yago Knight Parade is on Saturday, February 8, at 7:00 pm in Ybor City. Come out and enjoy an evening of illuminated floats, marching bands and special guests, including local government officials and dignitaries.



The 2025 Gasparilla Music Festival is February 14 - 16 in Julian B. Lane Park. For more information, please go to gasparillamusic.com.



GASPARILLA DISTANCE CLASSIC

The 48th running of the Publix Gasparilla Distance Classic Race Weekend is February 22 - 23 in downtown Tampa. Race Weekend will include four distances plus four challenges. For more information, please go to rungasparilla.com.



GASPARILLA BEAD COLLECTION

Thank you to all those who donated beads to the McDonald Training Center's Save the Bay Bead Recycling Program.



BOTTLES, BOTTLES EVERYWHERE

Bottled water sales have exploded in the past decade. According to the Container Recycling Institute, 29.8 billion units of nonsparkling bottled water were sold in 2005, more than seven times the 3.8 billion sold in 1997. Drinking bottled water isn't necessarily a bad thing, but it does impact the environment. First, consider the fuel and other resources used to ship water from exotic locations to your area. Then think about the millions of barrels of crude oil required to manufacture plastic bottles. Finally, most bottled water is chugged while walking, driving and working—far away from places where the bottles can be recycled. If you're a bottled-water drinker, try using the bottles a second time around. Refill them with tap water and put them in the fridge. Once you're done with a bottle, dispose of it in a recycling container.



What's Cooking

Baked Brie

Ingredients:

- 2 tablespoons unsalted butter
- 8 ounces button mushrooms, sliced
- Kosher salt
- Ground black pepper
- 1 brie round (8 ounces)
- 3 tablespoons honey
- 1/4 cup pomegranate arils
- 1/4 cup shelled pistachios
- Crackers or toasted bread

Directions:

Heat oven to 350° F.

In large skillet, heat butter over medium-high heat. Add mushrooms; cook 8 to 10 minutes or until deep golden brown, stirring frequently. Season with salt and pepper; remove from heat.

Place brie on parchment paper-lined rimmed baking pan; drizzle with honey.

Transfer to oven and bake 5 to 7 minutes or until inside of cheese is softened, but outside remains intact.

Transfer brie to serving platter; top with pomegranate arils, pistachios and mushrooms.

Serve immediately with crackers or bread.

Find more recipes at
www.MilkMeansMore.org.



Wit & Wisdom

"To fall in love with yourself is the first secret to happiness."

—Robert Morely

"How you love yourself is how you teach others to love you."

—Rupi Kaur

"Not only do self-love and love of others go hand in hand, but ultimately they are indistinguishable."

—M. Scott Peck

"If you have the ability to love, love yourself first."

—Charles Bukowski

"Love yourself first and everything else falls into line. You really have to love yourself to get anything done in this world."

—Lucille Ball

"Self-love is not a place we get to but a place we choose."

—Shannon Kaiser

"It is only when you have mastered the art of loving yourself that you can truly love others."

—Robin Sharma

"You yourself, as much as anybody in the entire universe, deserve your love and affection."

—Buddha

"Document the moments you feel most in love with yourself—what you're wearing, who you're around, what you're doing. Recreate and repeat."

—Warsan Shire

"Talk to yourself like someone you love."

—Brené Brown

February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Viva Hispanic Heritage Festival Curtis Hixon Park
2 Viva Hispanic Heritage Festival Curtis Hixon Park	3	4	5	6 Rock the Park 6:30 pm Curtis Hixon Park	7	8
9	10	11	12 Chair Massage Therapy 11:00 am - 3:00 pm Suite 225	13 Downtown's Backyard Market Noon - 4:30 pm Esplanade	14 Valentine's Day Tenant Event 1:00 pm 3rd Floor Lobby	15 Gasparilla Music Festival Julian B. Lane Park
16 Gasparilla Music Festival Julian B. Lane Park	17  PRESIDENTS DAY	18	19	20	21	22 Gasparilla Distance Classic Weekend Downtown Tampa Fiesta Day 11:00 am - 6:00 pm Ybor City
23 Gasparilla Distance Classic Weekend Downtown Tampa	24	25	26	27	28	

"This Month In History"

FEBRUARY

1878: Thomas Edison receives a patent for his first major invention, the phonograph.

1905: The first Rotary Club meets in Chicago. The service organization now has more than 35,000 clubs worldwide.

1914: In Washington, D.C., a groundbreaking ceremony is held on the western end of the National Mall for the Lincoln Memorial.

1922: Embracing the "broadcasting boom," President Warren G. Harding

has a radio installed in the White House.

1935: The board game Monopoly goes on sale with a price tag of \$2. Now a classic favorite, millions have played the property trading game.

1947: Inventor Edwin H. Land demonstrates his Polaroid Land Camera, which could produce a black-and-white photo in 60 seconds.

1954: A group of children in Pittsburgh is the first to be inoculated against polio with a new vaccine developed by Dr. Jonas Salk.

1968: With smiles, songs and stories, the TV series "Mister Rogers' Neighborhood" premieres on national public television.

1985: The Coca-Cola Company launches a new flavored soft drink, Cherry Coke.

1995: American businessman Steve Fossett completes the first solo flight across the Pacific Ocean in a balloon.

2006: At the Winter Olympics in Italy, U.S. speedskater Shani Davis becomes the first black athlete to win an individual gold medal in Winter Games history.

2011: "The Artist" wins the Oscar for best picture. It was the first silent film to win the award since "Wings" in 1927.

2014: Comedian Jimmy Fallon becomes the host of the late-night talk show "The Tonight Show."