



January 2020

PROPERTY MANAGEMENT

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Karen Mendez - Property Manager

David Arscott - Chief Building Engineer

Jennifer Bautista - Admin Assistant

Mary Anne Quigley - Concierge

CBRE LEASING TEAM

Philip Weber

Barry Hanerfeld

BANYAN STREET

CAPITAL



BANK OF AMERICA PLAZA

101 E Kennedy Blvd. • Tampa, FL 33602



TOBY AWARD

Bank of America Plaza was recently awarded the 2019 TOBY—The Outstanding Building of the Year Award—in the 500,000–999,999 sf category. The TOBY Awards is the most prestigious and comprehensive program of its kind in the commercial real estate industry recognizing quality in commercial buildings and rewarding excellence in building management. During the competition, all facets of a building’s operations are thoroughly evaluated. Buildings are judged on everything from community involvement, tenant relations and site management to environmental and “green” policies and procedures. Bank of America Plaza will now advance to Regionals.



GASPARILLA 2020

Tampa’s annual Gasparilla Pirate Fest is Saturday, Jan. 25, from 9 a.m. to 9 p.m. The Gasparilla Parade of the Pirates will travel from Bayshore into downtown where the festivities continue featuring live entertainment along the Riverwalk. And for the little pirates, the Children’s Parade is scheduled for Saturday, Jan. 18. For all things Gasparilla, please go to gasparillapiratefest.com.



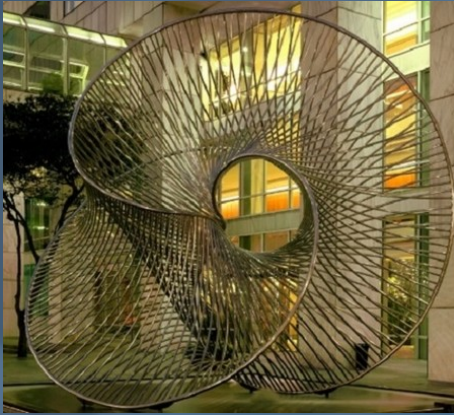
Bank of America Plaza will be closed Wednesday, January 1, in observance of New Year’s Day.



LOBBY MUSICIANS

- 8 Lloyd Burry, piano
- 15 Lorna Anderson, piano
- 22 Maria Laude, piano
- 29 Andrew Kendle, clarinet

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BUILDING AMENITIES

- Bank of America
- Bicycle Repair Station
- Caffe Fresco
- Caffe Fresco Marketplace
- Concierge Services
- Electric Vehicle Charger
- Fitness Center
- Jackson Dental
- KJ's Auto Detailing
- Live Musical Performances
- McNatt's Dry Cleaners
- Restless Styles
- Shoe Shine by Robert
- Stork Parking
- Tenant Conference Center
- Tenant Lounge
- The Tampa Club

RETAIL

- ARC Document Solutions
- Designing Eyes
- European Wax
- GenX Tavern
- Hotel Bar
- The Pint & Brew
- Tropical Smoothie



BEAD TOSS

In the spirit of Gasparilla, Bank of America Plaza's own pirates will hand out beads in the lobby on Friday, January 24. Aarrghh!



Morgenstern Phifer Messina	30 yrs
Harvey Moore & Assoc	27 yrs
Murphy LaRocca	20 yrs
Admiral Security	10 yrs
TBEDC	7 yrs
Rory Weiner	3 yrs
Orange Legal	2 yrs



WINTER VILLAGE

The Winter Village in Curtis Hixon Park continues through January 5.



FOURTH FRIDAY TAMPA

Fourth Friday Tampa is a monthly celebration of Tampa's rich arts and culture scene! Get your FREE Fourth Friday wristband at any of the participating cultural venues during Fourth Friday event hours. For more information, visit fourthfridaytpa.com.



Tampa Bay Riverwalk Fit Festival

Come Experience Tampa's Healthy side from flavorful food trucks, local artisan foods, diverse sports, healthy choices, free wellness screenings, eco friendly, music, arts and handcrafters, etc. It's all happening on Tampa's Riverwalk on Sunday, January 19, from 10 a.m. to 7 p.m. For more information, please go to www.yourtampamarkets.com.





HOLIDAY FOOD DRIVE

Thank you to all those who donated to the Metropolitan Ministries holiday food drive. Your generosity is greatly appreciated.



City of
Tampa
Florida

CITY HOLIDAY

The City of Tampa offices will be closed Monday, January 20, in observance of Martin Luther King Jr. Day.



TAMPA
DOWNTOWN PARTNERSHIP

Downtown Guides

Got a flat tire? Does your car battery need a jump? Call the Downtown Guides at 813/267-2220 for assistance. Their services are free.



Pork Chops in Garlic Sauce

Ingredients:

- 4 boneless pork chops
- Salt, to taste
- Pepper, to taste
- 4 tablespoons olive oil, divided
- 8 cloves garlic, minced
- 1/4 cup bacon pieces, half-cooked
- 1/2 cup chicken stock
- 2 cups heavy cream
- 3 cups chopped fresh baby spinach
- 1/2 cup chopped fresh tomato
- 1/4 cup grated Parmesan cheese
- 1 teaspoon Italian seasoning

Directions:

Season pork chops on both sides with salt and pepper.

In large skillet, heat 2 tablespoons oil over medium heat. Cook pork chops 4 to 5 minutes per side until internal temperature reaches 145° F. Remove from pan and keep warm.

In same skillet, heat remaining oil over medium heat. Add minced garlic and bacon to skillet; cook about 3 minutes. Add chicken stock and bring to simmer.

Reduce heat to low and add heavy cream. Season with salt and pepper. Add spinach and tomatoes to sauce; let spinach wilt. Stir in Parmesan cheese and Italian seasoning; simmer about 3 minutes.

Return pork chops to pan along with juices. Spoon sauce over chops; simmer 3 to 5 minutes.

Find more recipes at
www.Smithfield.com.



Wit & Wisdom

“The way we spend our time defines who we are.”

—Jonathan Estrin

“You can’t make up for lost time. You can only do better in the future.”

—Ashley Ormon

“There’s only one thing more precious than our time, and that’s who we spend it on.”

—Leo Christopher

“All we have to decide is what to do with the time that is given us.”

—J.R.R. Tolkien

“They always say that time changes things, but you actually have to change them yourself.”

—Andy Warhol

“You can’t have a better tomorrow if you are thinking about yesterday all the time.”

—Charles F. Kettering

“There’s never enough time to do all the nothing you want.”

—Bill Watterson

“Watches are so named as a reminder—if you don’t watch carefully what you do with your time, it will slip away from you.”

—Terri Guillemets




“If you love life, don’t waste time, for time is what life is made up of.”

—Bruce Lee

“Time, which changes people, does not alter the image we have of them.”

—Marcel Proust

January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			New Year's Day 1	2	3	4
5	6	7	8 Lloyd Burry 11:30–1:30	9	10 	11
12	13	14	15 Lorna Anderson 11:30–1:30	16	17	18 Gasparilla Children's Parade
19 Martin Luther King Jr. Day	20	21 	22 Maria Laude 11:30–1:30	23	24 Bank of America Plaza Bead Toss	25 Gasparilla Pirate Fest
26	27	28	29 Andrew Kendle 11:30–1:30	30	31	

"This Month In History" JANUARY

1901: The American Bowling Congress organizes the first national bowling tournament, held in Chicago.

1938: Benny Goodman plays a sold-out concert at New York City's Carnegie Hall. It was the first time jazz was played at the venue, and the first time that white and black musicians performed together on a U.S. stage.

1943: Headquarters for the U.S. Department of Defense, the Pentagon building officially opens.

1953: Chevrolet debuts its new sports car, the Corvette.

1986: James Brown, Buddy Holly and Elvis Presley are among the first artists inducted into the Rock & Roll Hall of Fame.

1994: American speedskater Dan Jansen sets a new world record, skating 500 meters in 35.76 seconds at a race in Canada.

2006: An unmanned NASA probe blasts off to begin a 3 billion-mile journey to Pluto.

2010: Apple introduces its first iPad, a touch-screen tablet computer.

2019: A polar vortex sends frigid air across the upper Midwest and Northeast, causing record-breaking low temperatures.