



# BANK OF AMERICA PLAZA

101 E Kennedy Blvd. • Tampa, FL 33602

**July 2021**

## PROPERTY MANAGEMENT

813.221.7474

[101eastkennedyhandbook.com](http://101eastkennedyhandbook.com)

Lynn Vilmar - Sr. Property Manager  
Karen Mendez - Property Manager  
David Arscott - Chief Building Engineer  
Isaac Conrad - Asst. Building Engineer  
Jennifer Chez - Admin Assistant  
Mary Anne Quigley - Concierge

## CBRE LEASING TEAM

Philip Weber  
Barry Hanerfeld



## BOOM BY THE BAY CELEBRATION

This Fourth of July celebration will feature family-friendly activities, live entertainment, and SIX firework displays along Tampa's downtown waterfront. PLUS, new this year - enjoy the Friends of the Riverwalk July 4th Boat Parade and Blessing of the Fleet from 5:00 pm - 7:00 pm along the Tampa Riverwalk! Boats will be decorated in colorful flags and compete for 1st, 2nd and 3rd place in the small/motorboat and large/sailboat competitions. They will also provide a prize for the most patriotic boat. The parade begins in the Convention Center basin, travels to the Heights, and ends at Sparkman Wharf. The boat parade will be followed by fireworks displays at multiple sites.



## BACK TO SCHOOL SUPPLIES COLLECTION

Bank of America Plaza will have an online Backpacks of Hope School Supply Drive for Metropolitan Ministries from July 1-16. Metropolitan Ministries provides backpacks and school supplies to children in their care and families in the community. Your donations of new items will ensure every child is prepared for the upcoming school year. Help make an immediate impact today! To donate supplies, please go to <https://yougivegoods.com/boap-backpacksofhope>. Thank you for your generosity.



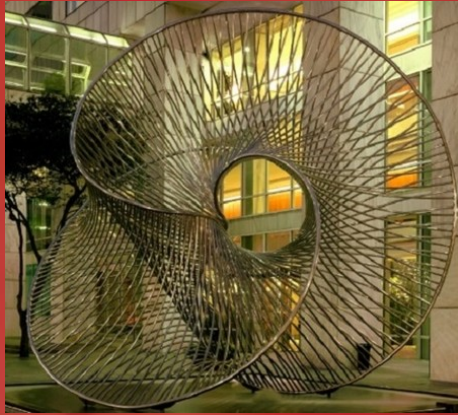
## HAPPY FOURTH OF JULY

Bank of America Plaza will be closed on Monday, July 5th in observance of Independence Day.



## LOBBY MUSICIANS

- 7 ..... Andrew Kendle, clarinet
- 14 ..... Maria Laude, piano
- 21 ..... Boris Lebedinsky, guitar
- 28 ..... Lorna Anderson, piano



### BUILDING AMENITIES

Bank of America  
Bicycle Repair Station  
Caffe Fresco  
Caffe Fresco Marketplace  
Concierge Services  
Electric Vehicle Charger  
Fitness Center  
Jackson Dental  
KJ's Auto Detailing  
Live Musical Performances  
McNatt's Dry Cleaners  
Restless Styles  
Shoe Shine by Robert  
Stork Parking  
Tenant Conference Center  
Tenant Lounge  
The Tampa Club

### RETAIL

Designing Eyes  
DeVito's Italian Restaurant  
European Wax  
GenX Tavern  
Hotel Bar  
The Pint & Brew  
Tropical Smoothie



The world's first mobile dermatology clinic has arrived in Florida, and it will be visiting Bank of America Plaza on Wednesday, July 21. OnSpot Dermatology is a full-service dermatology practice that makes it convenient to get the dermatology care you need by coming directly to YOU. Offering a complete range of general, cosmetic and surgical dermatology procedures, their COVID-safe medical clinics travel to communities, businesses and organizations throughout the area. OnSpot accepts all types of insurance, including Medicare. To schedule an appointment, call 877-266-7768.



### METROCON

Florida's largest anime convention, METROCON is coming to the Tampa Convention Center July 23-25. The convention boasts a number of exciting stage shows, unique vendors, exciting panelists, and interactive events including the world famous Anime Human Chess Match, where characters from your favorite anime and video games will battle it out for the fate of the world. For more information and/or to register, please go to [metroconventions.com](http://metroconventions.com).



### GIFT BASKET WINNER

Congratulations to Summer Gift Basket winner Susan Luis-Jorge of Shumaker Loop & Kendrick Suite 2800. Susan's favorite vacation getaway is going to Cocoa Beach with her husband every couple of years. "Cocoa Beach is ultimate relaxation and beauty!"



### ART WALK & VENDOR FAIR

The Second Sunday Art Walk & Vendor Fair, featuring local makers and visual artists, is Sunday, July 11 from 11:00 am - 3:00 pm at Armature Works. The event will feature a rotating cast of artisanal artists and makers selling handmade goods, jewelry, art, wood-work, gifts plus so much more in the Gathering space at Armature Works. The event will also feature an art walk in the Courtyard and Western Walkway, showcasing dozens of local and regional artists.



REUSE  
DUCE  
CYCLE

## JOIN THE RECYCLING LOOP

When you recycle, you become part of an unending loop of improving our environment. Consider your involvement in each aspect:

### *Collection and processing.*

Collecting recyclables varies, but four primary methods exist: curbside, drop-off centers, buy-back centers and deposit/refund programs. Regardless of the method, the next leg of recycling is usually the same. They are sent to a materials-recovery facility to be sorted and prepared into marketable commodities for manufacturing.

*Manufacturing.* Once cleaned and separated, the recyclables undergo the second part of the recycling loop: being manufactured into other products.

### *Purchasing recycled products.*

Purchasing recycled products completes the recycling loop. By “buying recycled,” governments—as well as businesses and individual consumers—play an important role in making the recycling process a success.



## One Minute Chef

### Red, White and Blue Watermelon Parfaits

These patriotic parfaits are easy to make, healthy and will add a blast of flavor to your summertime meals and celebrations.

#### **Ingredients:**

- 1 cup fresh blueberries, washed and drained
- 1 6-ounce container Greek yogurt (Vanilla, lemon or coconut flavors work best.)
- 1 cup watermelon, diced
- Whipped cream for garnish

#### **Directions:**

Assemble parfaits by layering the blueberries, yogurt and watermelon into 2 or 3 short, clear drinking glasses or pint-sized glass jars. Start with a layer of berries, then add a layer of yogurt and finish with the watermelon.

Top each parfait with a dollop of whipped cream and a few pieces of the diced melon.

Tip: If making ahead of time or to thicken the yogurt layer, drain yogurt on paper towels for several minutes to absorb some of the liquid.

Find more recipes at  
[Culinary.net](http://Culinary.net).



### Wit & Wisdom

“I really think a champion is defined not by their wins, but by how they can recover when they fall.”

—Serena Williams

“Champions are made from something they have deep inside them—a desire, a dream, a vision.”

—Muhammad Ali

“Hard days are the best because that’s where champions are made, so if you push through ... you can get through anything.”

—Gabby Douglas

“To be a champion you must act like one.”

—Lou Ferrigno

“True champions aren’t always the ones that win, but those with the most guts.”

—Mia Hamm

“Champions keep playing until they get it right.”

—Billie Jean King

“A true champion will fight through anything.”

—Floyd Mayweather Jr.

“The great champions have all come back from defeat.”

—Sam Snead

“A true champion works hard and never loses sight of her dreams.”

—Dot Richardson

“A champion is someone who gets up, even when he can’t.”

—Jack Dempsey

“What does it take to be a champion? Desire, dedication, determination, concentration and the will to win.”

—Patty Berg

# July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>JULY</h1>				1	2	3
4 	5 Independence Day (Observed)	6	7 Andrew Kendle 11:30 - 1:30	8	9	10
11	12	13	14 Maria Laude 11:30 - 1:30	15	16 	17
18 NATIONAL ICE CREAM DAY 	19	20	21 Boris Lebedinsky 11:30 - 1:30	22	23	24
25	26	27	28 Lorna Anderson 11:30 - 1:30	29 	30	31

## “This Month In History” JULY

**1929:** The first hotel built at a U.S. airport opens in Oakland, Calif.

**1933:** Major League Baseball holds its first All-Star Game at Chicago’s Comiskey Park.

**1964:** President Lyndon B. Johnson signs the Civil Rights Act into law.

**1970:** “American Top 40” debuts on seven radio stations. Created and hosted by Casey Kasem,

the countdown of the most popular songs in the U.S. is now heard all over the world.

**1986:** The 100th anniversary of the Statue of Liberty is commemorated with a four-day celebration in New York City.

**1994:** Crayola introduces a scented version of its crayons, called Magic Scents.

**2000:** At age 24, Tiger Woods wins the British Open and becomes the youngest golfer to complete a career grand slam in the sport.

**2019:** Marvel Studios’ superhero blockbuster “Avengers: Endgame” overtakes the 2009 sci-fi epic “Avatar” as the world’s highest-grossing movie of all time. “Avatar” reclaimed the spot in 2021 after it was rereleased in China.