



## BANK OF AMERICA

P L A Z A

101 E Kennedy Blvd. • Tampa, FL 33602

July 2024

# BANYAN STREET CAPITAL

### PROPERTY MANAGEMENT

813.221.7474

Lynn Vilmar - Sr. Property Manager  
Jennifer Johnson - Property Manager  
Jennifer Chez - Asst. Property Manager  
David Arscott - Area Chief Engineer  
Isaac Conrad - Asst. Building Engineer  
Mary Anne Quigley - Concierge

### CBRE LEASING TEAM

Philip Weber  
Barry Hanerfeld



**SUNDAES**  
*are for*  
**WEDNESDAYS!**

Grab your coworkers and join us at the bar...ice cream sundae bar, that is! Build-your-own sweet concoction, complete with creamy vanilla or chocolate ice cream and delicious toppings from Tampa's premier Catering by the Family.

**WEDNESDAY, JULY 17**  
**1-2:30PM**  
**3RD FLOOR LOBBY**




### TENANT ICE CREAM SOCIAL

We all scream for ice cream! Bank of America Plaza will have their annual Ice Cream Social on Wednesday, July 17th, from 1:00 pm - 2:30 pm in the 3rd floor lobby. Meet and mingle with other tenants as you create your own Ice Cream Sundae at the Build-Your-Own-Sundae-Bar and enjoy live steel drum music!



**JULY 4TH  
BOAT PARADE**

### JULY 4TH CELEBRATION

Celebrate with Friends of the Riverwalk on Thursday, July 4th, from from 4:00 pm - 9:30 pm with a Boat Parade, Water Ski Show, Blessing of the Fleet, and Fireworks as part of the Star-Spangled Banner festivities at Sparkman Wharf. The parade route will be similar to the holiday light boat parade but will include a Water Ski Show to kick off the celebration, a Poker Run and a Blessing Station. Boats will be decorated in red, white and blue and compete for the most patriotic boat! Prize bags will be provided for all registered boaters. For more information, please go to [thetampariverwalk.com](http://thetampariverwalk.com).



### JULY 4TH HOLIDAY

The Management Office will be closed on Thursday, July 4th, in observance of Independence Day.



### HAPPY ANNIVERSARY

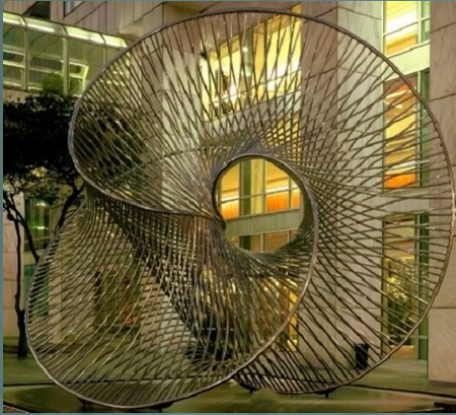
Shumaker Loop & Kendrick	29 yrs
Tropical Smoothie	14 yrs
Helios	7 yrs
Pint & Brew	6 yrs
GrayRobinson	1 yr



### BLOOD DRIVE

Bank of America Plaza will host a BLOOD DRIVE on Wednesday, July 17th, from 10:00 am - 3:00 pm. Please go to [oneblood.org](http://oneblood.org) to schedule an appointment. Thank you for donating!

FOLLOW US ON INSTAGRAM



### BUILDING AMENITIES

- Bank of America
- Bicycle Repair Station
- Caffe Fresco
- Concierge Services
- Electric Vehicle Charger
- Fitness Center
- Jackson Dental
- KJ's Auto Detailing
- Shoe Shine by Robert
- Stork Parking
- Tenant Conference Center
- The Solo Hair Salon
- The Tampa Club

### RETAIL

- Designing Eyes
- DeVito's Italian Restaurant
- European Wax
- GenX Tavern
- Hotel Bar
- The Pint & Brew
- Tropical Smoothie



### JUNE SUMMER BEATS GIFT BASKET WINNER

Congratulations to Britni Fitzgerald with The Yerrid Law Firm, Suite 3910.



### BACKPACKS OF HOPE

Bank of America Plaza will have a Backpacks of Hope School Supply Drive from July 8 - 22 in the 3rd floor lobby. Thank you for your generosity.



### DASH TAMPA

Have you heard about DASH Tampa? DASH (Downtown Area Shared Hubs) is a hub to hub transit service. Rides are requested through an app and cost \$2 per person. Download the app on your Apple or Android device and DASH to your destination! The bright yellow Tesla vehicles are also 100% electric and hailed through the app. Please go to [tampasdowntown.com](http://tampasdowntown.com) for more information.



### DOWNTOWN'S BACKYARD MARKET

Tampa's Downtown Market is Thursday, July 11th, from 2:30 pm - 5:30 pm on the Franklin Street Esplanade. Discover a hidden oasis of farm-fresh goodness, right in the heart of the Downtown Core. Downtown's Backyard Market is your go-to destination for a taste of the countryside, conveniently located in the hustle and bustle of the city. Stroll through our vibrant market, where the aroma of freshly picked produce and the chatter of eager shoppers fills the air.





### PLASTIC PRECAUTION

Before disposing of plastic rings that come with packs of soda cans, applesauce and other packaged goods, use scissors to cut each ring apart. Even if sent to the recycling bin, they can still end up in landfills, where small animals can get trapped in the rings. Avoid cutting the rings into pieces, which can then become choking hazards.



### METROCON

Florida's largest anime convention, METROCON will be at the Tampa Convention Center July 5 - 7. This event boasts a number of exciting stage shows, unique vendors, exciting panelists, and interactive events throughout the weekend, including the world famous Anime Human Chess Match, where characters from your favorite anime and video games will battle it out for the fate of the world! For more information, please visit [www.metroconventions.com](http://www.metroconventions.com).



## What's Cooking

### Cajun Salmon Burgers With Lime Mayo

#### Ingredients:

- 1/2 cup mayonnaise, divided
- 1/2 teaspoon lime zest
- 1/2 teaspoon lime juice
- 3 pouches (5 ounces each) boneless, skinless salmon, drained
- 1 egg, beaten
- 1/3 cup panko breadcrumbs
- 1/4 cup finely chopped green onion
- 1/4 cup finely chopped red bell pepper
- 2 teaspoons Cajun seasoning
- 1 tablespoon oil
- 4 hamburger rolls

#### Directions:

Mix 1/4 cup mayonnaise, lime zest and lime juice in a small bowl until well blended. Cover and refrigerate until ready to serve.

For the burgers, mix salmon, egg, breadcrumbs, 1/4 cup mayonnaise, green onion, bell pepper and seasoning in a large bowl until well blended. Shape into four patties.

Heat oil in a large nonstick skillet on medium heat. Add salmon patties; cook 5 minutes per side or until lightly browned and cooked through.

Serve salmon burgers on rolls with lime mayo and desired toppings.

*Find more recipes at [www.McCormick.com](http://www.McCormick.com).*



### Wit & Wisdom

"The best way to victory is to play well."

—Quique Setién

"Victory is won not in miles but in inches. Win a little now, hold your ground, and later, win a little more."

—Louis L'Amour

"There's no reward without work, no victory without effort, no battle won without risk."

—Nora Roberts

"The ultimate victory in competition is derived from the inner satisfaction of knowing that you have done your best and that you have gotten the most out of what you had to give."

—Howard Cosell

"Even the smallest victory is never to be taken for granted. Each victory must be applauded."

—Audre Lorde

"I think the mental victory is worth it as much as a gold medal."

—Cameron van der Burgh

"There is a kind of victory in good work, no matter how humble."

—Jack Kemp

"Tomorrow's victory is today's practice."

—Chris Bradford

"The moment of victory is much too short to live for that and nothing else."

—Martina Navratilova

"When you fall, feel the pain. And then stand up. You were born for victory. And failure has no place in your world."

—Robin Sharma

# July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 	5	6 Metrocon Convention Center
7 Metrocon Convention Center	8 Backpacks of Hope School Supply Drive Begins	9	10	11 Downtown's Backyard Market 2:30 pm - 5:30 pm Esplanade	12	13
14	15	16	17 Blood Drive 10:00 am - 3:00 pm Ice Cream Social 1:00 pm - 2:30 pm 3rd Floor Lobby	18	19	20
21	22 Backpacks of Hope School Supply Drive Ends	23	24	25	26	27
28	29	30	31			

## "This Month In History" JULY

**1903:** Cyclists compete in the first Tour de France. Maurice Garin was the first to cross the finish line in Paris.

**1914:** A dance craze begins after the fox trot is performed at a club in New York City.

**1926:** Showing a fish swimming in the Florida Keys, the first underwater color photo is taken by a National Geographic magazine photographer.

**1937:** Cheap, filling and needing no refrigeration, the canned meat product Spam is introduced.

**1946:** The bikini swimsuit debuts at a fashion show in Paris.

**1958:** President Dwight D. Eisenhower signs the Alaska Statehood Act, allowing the territory to become the 49th state.

**1960:** Harper Lee's "To Kill a Mockingbird" is published and quickly becomes a bestseller. The novel was awarded the Pulitzer Prize a year later.

**1988:** Sprinter Florence Griffith Joyner, nicknamed Flo-Jo, sets the world record for the women's 100-meter. Her record of 10.49 seconds still stands today.

**2002:** Major League Baseball's All-Star Game ends in a 7-7 tie after 11 innings because both teams run out of pitchers.

**2018:** In an effort to reduce environmental pollution, Starbucks announces it will stop providing disposable plastic straws in its stores by 2020.