

**July 2025** 

# BANYAN STREET

#### **PROPERTY MANAGEMENT**

813.221.7474

Chris Wergers - Sr. Property Manager Christian Ramirez - Property Manager Jennifer Chez - Asst. Property Manager David Arscott - Area Chief Engineer Isaac Conrad - Asst. Chief Engineer Mary Anne Quigley - Concierge

#### **CBRE LEASING TEAM**

Philip Weber Barry Hanerfeld Molly Molloy Catlett





PLAZA

101 E Kennedy Blvd. • Tampa, FL 33602



You're invited to Bank of America Plaza's annual Ice Cream Social! Come cool off with the Management Team on Wednesday, July 16th, from 1:00 pm - 2:30 pm, on the third floor. Enjoy an afternoon of make-your-own sundaes and relax to the sounds of island music performed by a steel drum musician. We can't wait to see you there!



#### **SCHOOL SUPPLY DRIVE**

Bank of America Plaza will host a Back-to-School Supplies collection from July 7 - 18, in the 3rd floor lobby for the Hillsborough Education Foundation. Thank you for your generosity!



#### INDEPENDENCE DAY HOLIDAY

The Management Office will be closed on Friday, July 4, in observance of the Independence Day Holiday.



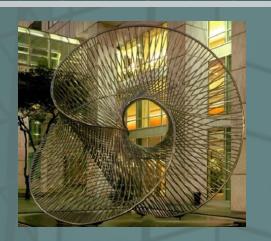
# Shumaker Loop & Kendrick 30 yrs Tropical Smoothie 15 yrs Helios 8 yrs Pint & Brew 7 yrs GrayRobinson 2 yrs

# oneblood

Share your power.

#### **BLOOD DRIVE**

Bank of America Plaza will host a Blood Drive on Wednesday, July 30, from 10:00 a.m. - 3:00 p.m. Please go to oneblood.org to schedule an appointment.



#### **BUILDING AMENITIES**

Bank of America
Bicycle Repair Station
Caffe Fresco
Concierge Services
Electric Vehicle Charger
Fitness Center
Jackson Dental
KJ's Auto Detailing
Shoe Shine by Robert
Stork Parking
Tenant Conference Center
The Solo Hair Salon
The Tampa Club

#### **RETAIL**

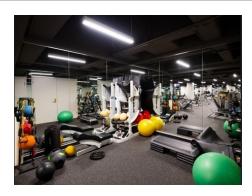
Designing Eyes
DeVito's Italian Restaurant
GenX Tavern
Goldfingers Aesthetics (Coming Soon)
Hotel Bar
The Pint & Brew
Tropical Smoothie





## JULY 4th BOAT PARADE AND FIREWORKS CELEBRATION

Celebrate Friday, July 4th, with Friends of the Riverwalk as they host a July 4th Boat Parade, Water Ski Show, Blessing of the Fleet, and fireworks! The fun starts at 5:30 pm and includes a Water Ski Show in two locations to kick off the celebration and a blessing station. Boats will be decorated in red, white, and blue and compete for the most patriotic boat! Registration is required to participate in the boat parade. Spectators are free. Visit thetampariverwalk.com for more information.



#### **TENANT FITNESS CENTER**

Did you know that Bank of America Plaza offers an exclusive Fitness Center for its tenants? Open Monday through Friday, membership is complimentary. The only requirements to join are a valid building access card and a signed Fitness Center waiver. Our facility is equipped with advanced exercise equipment, free weights, a dedicated yoga room, and separate men's and ladies' locker rooms. We invite you to join today!

# CORPORATE MASSAGE

On-Site Relief for Stress and Pain

Onsite Chair Massage Therapy is on Wednesday, July 9, from 11:00 am - 3:00 pm in Suite 225. Please go to <a href="https://www.corporatemassagetampa.com">www.corporatemassagetampa.com</a> to schedule an appointment.



#### **DOWNTOWN'S MARKET**

Downtown's Backyard Market is on Thursday, July 10, from Noon - 4:00 pm on the Esplanade.



### BANK OF AMERICA PLAZA PARKING GARAGE

Great news for everyone using the parking garage! Vision License Plate Recognition (LPR) Cameras have been installed at both the third-floor entrances and exits. This means a touchless entry and exit experience for all parkers, whether you're monthly or transient (daily/guest). For monthly parkers: To enjoy seamless entry and exit, please make sure your license plate information is accurate and on file with Universal Parking. That way the third-floor gates will open automatically for you!



# REDUCE, REUSE, RECYCLE: TRY THE CONVERSIONATOR

Recycling facts are fun when you go to:

www.nrc-recycle.org/ recyclingcalculator.aspx

Drag and drop an item into the "loopy" machine, and it will reward you with some fascinating statistics about how recycling saves our world. It even includes a calculator so you can add up your own recycling numbers and discover your positive impact on the planet.



#### **METROCON**

Metrocon, Florida's largest anime convention, will be held at the Tampa Convention Center July 25 - 27. For more information, and to purchase tickets, please visit tampa.gov.





#### **Cheeseburger Choices**

The grills are sizzling from sea to shining sea with these different states' spins on the classic cheeseburger.

Oklahoma onion burger. These smashburgers are cooked together with plenty of caramelized onions, topped with American cheese and then finished with steamed buns. This burger boasts a one-to-one ratio of beef to inexpensive onions, making it an affordable and delicious option, especially for past generations of Oklahomans during the Depression and the Dust Bowl.

Animal style at In-N-Out. At California-based fast-food chain In-N-Out, customers in the know can order burgers "animal style." This off-menu code—now a "not so secret" menu option—means the thin patties are cooked with mustard and topped with the traditional tomato and lettuce plus pickle, grilled onions and extra spread.

Connecticut steamed cheeseburger. These thick patties are steamed in tins resembling small meatloaves, topped with gooey melted white cheddar cheese (also steamed) and a slice of raw onion. Steamed cheese sandwiches were popular during the Depression when few workers could afford meat. In later, more prosperous years, Connecticut diners added steamed ground beef.

Texas bean burger. Cheeseburger meets Frito pie in San Antonio's rendition of an American classic. A beef patty is layered with diced onions, crushed Fritos, refried beans, Cheez Whiz and either pico de gallo or jalapeños.

#### Wit & Wisdom

"Courage is not the absence of fear, but rather the assessment that something else is more important than fear."
—Franklin D. Roosevelt

"It takes a lot of courage to show your dreams to someone else."

—Erma Bombeck

"Courage isn't having the strength to go on—it is going on when you don't have strength." —Napoleon Bonaparte

"But effort and courage are not enough without purpose and direction." —John F. Kennedy

"Courage doesn't always roar.
Sometimes courage is the little voice at the end of the day that says I'll try again tomorrow."

—Mary Anne Radmacher

"Courage is grace under pressure."
—Ernest Hemingway

"Creativity requires the courage to let go of certainties."

—Erich Fromm

"Courage is knowing what not to fear."
—Plato

"It takes courage to grow up and become who you really are." —E.E. Cummings

"Courage is the most important of all the virtues, because without courage you can't practice any other virtue consistently." —Maya Angelou

"You'll never do a whole lot unless you're brave enough to try." —Dolly Parton

#### **July 2025**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JULY		1	2	Rock the Park 6:30 pm Curtis Hixon Park	Happy 4th of July	5
6	<b>7</b> Back to School Supply Collection Begins	8	Onsite Chair Massage Therapy 11:00 am - 3:00 pm Suite 225	Downtown's Backyard Market Noon - 4:00 pm Esplanade	11	12
13	14	15	Tenant Ice Cream Social 1:00 pm - 2:30 pm 3rd Floor Lobby	17	18  Back to School Supply Collection Ends	19
20	21	22	23	24	Metrocon Convention Center	Metrocon Convention Center
Metrocon Convention Center	28	29	30 Blood Drive 10:00 am - 3:00 pm	31		

# "This Month In History" JULY

1799: French soldiers make a discovery that helps scholars decode Egyptian hieroglyphics. The Rosetta Stone—so named for the town near which it was found—includes the same text in Greek and Egyptian, providing the key necessary to unlock the meaning of the picture-based hieroglyphs.

**1826:** Former Presidents Thomas Jefferson and John Adams both die on the Fourth of July, half a century after each man signed the Declaration of Independence.

**1847:** The United States Post Office introduces the first postage stamps: a five-cent stamp featuring Benjamin

Franklin and a 10-cent stamp honoring George Washington.

**1903:** The Tour de France hosts its first race outside of Paris.

**1955:** Disneyland welcomes its first guests to "The Happiest Place on Earth" in Anaheim, Calif.

**1969:** Apollo II, crewed with astronauts Neil Armstrong, Buzz Aldrin and Michael Collins, lands on the moon.

**1979:** Sony reveals the first portable cassette player—the Walkman.

1985: More than a billion people tune in to watch Live Aid, a concert featuring stars including David Bowie, Bob Dylan, Elton John and Queen. The concert raised more than \$140 million for famine relief in Ethiopia.

**2002:** American businessman Steve Fossett becomes the first solo adventurer to fly around the world in a balloon without stopping.

