



**March 2025**

## BANYAN STREET CAPITAL

### PROPERTY MANAGEMENT

813.221.7474

Chris Wergers - Sr. Property Manager  
Jennifer Chez - Asst. Property Manager  
David Arscott - Area Chief Engineer  
Isaac Conrad - Asst. Building Engineer  
Mary Anne Quigley - Concierge

### CBRE LEASING TEAM

Philip Weber  
Barry Hanerfeld



## CORPORATE MASSAGE OF TAMPA

*On-Site Relief for Stress and Pain*

### CHAIR MASSAGE THERAPY

Chair Massage Therapy is on  
Wednesday, March 12, from 11:00 am -  
3:00 pm in Suite 225. Visit  
[corporatemassagetampa.com](http://corporatemassagetampa.com) to  
schedule an appointment.



## BANK OF AMERICA

PLAZA

101 E Kennedy Blvd. • Tampa, FL 33602



### WELCOME CHRIS WERGERS

We would like to welcome Chris Wergers, Bank of America Plaza's new Senior Property Manager. Chris has relocated from his hometown of Cincinnati, Ohio, where he has spent the past 16 years in commercial real estate management. While Chris began his CRE career in the accounting department, the bulk of his time, over ten years, has been leading property management teams. First, with Hines Interests Limited Partnership at the 525,036sf First

Financial Center followed by the 501,141sf PNC Center, and more recently with Eagle Realty Group at Queen City Square, a nearly one-million-square-foot project featuring perhaps the most recognizable building in Cincinnati skyline, Great American Tower.



### GIRL SCOUT COOKIES TENANT EVENT

It's that time of year again! Please join the Management Team on Wednesday, March 12, at 1:00 pm in the 3rd floor lobby as we give away boxes of Girl Scout Cookies.

## oneblood

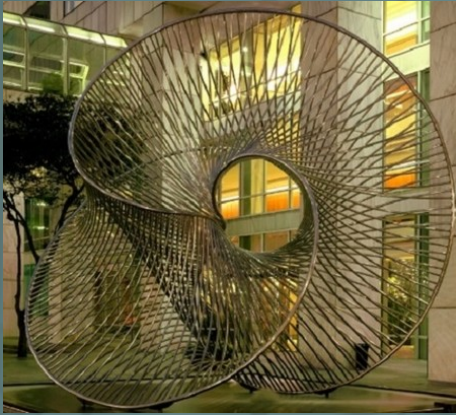
Share your power.

Bank of America Plaza will host a Blood Drive on Wednesday, March 26, from 2:00 pm - 4:30 pm. To schedule an appointment, please go to [oneblood.org](http://oneblood.org).



Yerrid Law Firm	32 yrs
de la Parte Gilbert	26 yrs
Mosaic	6 yrs
Ryan Hughes Law	4 yrs

**FOLLOW US ON INSTAGRAM**



### BUILDING AMENITIES

Bank of America  
Bicycle Repair Station  
Caffe Fresco  
Concierge Services  
Electric Vehicle Charger  
Fitness Center  
Jackson Dental  
KJ's Auto Detailing  
Shoe Shine by Robert  
Stork Parking  
Tenant Conference Center  
The Solo Hair Salon  
The Tampa Club

### RETAIL

Designing Eyes  
DeVito's Italian Restaurant  
GenX Tavern  
Hotel Bar  
The Pint & Brew  
Tropical Smoothie



## RIVER O' GREEN

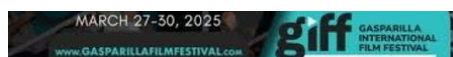
River O' Green is back! Don't miss downtown's BIGGEST St. Patrick's Day celebration on Saturday, March 15, from 11:00 am - 6:00 pm in Curtis Hixon Park. This annual, free event kicks off the St. Patrick's Day holiday, as the Hillsborough River is transformed into a bright shade of green. Celebrate with live Irish entertainment, food and beverage vendors, family-friendly activities, and more! Admission is free and the entire family is welcome, including four-legged members. Please go to [tampasdowntown.com](http://tampasdowntown.com) for more information.



Don't forget to spring forward one hour on March 9 for Daylight Saving Time.



The Tampa Bay AirFest is March 15 - 16 at MacDill Air Force Base. Visit [tampabayairfest.com](http://tampabayairfest.com) for details.



### GASPARILLA FILM FESTIVAL

The GIFF is March 27 - 30 at the Tampa Theatre. For more information, visit [gasparillafilmfestival.com](http://gasparillafilmfestival.com).



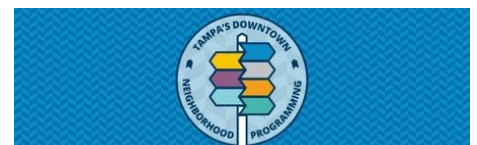
The Gasparilla Festival of the Arts is March 1 - 2 in Julian B. Lane Park. Visit [gasparillaarts.com](http://gasparillaarts.com) for more information.



Rock the Park, Tampa's free downtown concert, is on Thursday, March 6, from 6:30 pm - 9:30 pm in Curtis Hixon Park.



The Beer, Bourbon & BBQ Festival is March 7 - 8 in Curtis Hixon Park. Visit [tampa.beerandbourbon.com](http://tampa.beerandbourbon.com) for more information.



### BACKYARD MARKET

Downtown's Backyard Market is on Thursday, March 13, from Noon - 4:30 pm on the Esplanade.



REUSE  
DUCE  
CYCLE

### BATTERY BEST PRACTICES

Any type of battery that contains metal is recyclable. Many retailers that sell batteries will also accept them for recycling. This includes both single-use and rechargeable batteries. There are also mail-in programs. After batteries are collected by a recycler, the acids, metals and plastics are all processed for reuse in new products. Batteries in a landfill are an environmental hazard, so before throwing a battery in the trash, do an internet search for "battery recycling" to discover what other options are available. Just a friendly reminder: Bank of America Plaza has a recycling container in the 3rd floor mailroom.

**14th Cuban Sandwich Festival**  
Sunday, March 30th, 2025



### CUBAN SANDWICH FESTIVAL

The 4th Annual Cuban Sandwich Festival is on Sunday, March 30, from Noon - 6:00 pm, at Historic Ybor City. Enjoy live music, cultural entertainment, and more. Visit [cubansandwichfestival.com](http://cubansandwichfestival.com) for more information.



### Chipotle Veggie Chili

Warm yourself from the inside with a steaming bowl of spicy chili.

#### Ingredients:

- 3 tablespoons olive oil
- 1 medium yellow onion, chopped
- 1/2 teaspoon plus 1/8 teaspoon salt, divided
- 1/4 teaspoon pepper, divided
- 2 garlic cloves, minced
- 1 red bell pepper, chopped
- 1 can (14 ounces) diced fire-roasted tomatoes
- 1 can (14 ounces) red beans, drained and rinsed
- 1 can (14 ounces) pinto beans, drained and rinsed
- 1 cup vegetable broth
- 1 can (7 ounces) chipotles in adobo sauce
- 2 cans (15 ounces each) sweet corn with liquid
- 2 limes, juiced

#### Directions:

In large Dutch oven or stockpot, heat oil over medium heat. Add onion, 1/2 teaspoon salt and 1/8 teaspoon pepper. Stir and cook 5 minutes until onion is translucent. Add garlic and bell pepper; stir and cook 8 minutes until vegetables are soft.

Add tomatoes, beans, broth, chipotles and corn. Season with remaining salt and pepper. Simmer 25 minutes, stirring occasionally, until chili has thickened.

Squeeze lime juice into pot and stir. If desired, serve with garnishes such as guacamole, sour cream, jalapeno slices and fresh cilantro.

For more recipes, visit [Culinary.net](http://Culinary.net).



### Wit & Wisdom

"Are you looking for gold, friend? Look around you; anything useful to you is pure gold, pure silver!"  
—Mehmet Murat Ildan

"The man who treasures his friends is usually solid gold himself."  
—Marjorie Holmes

"Fire is the test of gold; adversity, of strong men."  
—Seneca

"If more of us valued food and cheer and song above hoarded gold, it would be a merrier world."  
—J.R.R. Tolkien

"Truth, like gold, is to be obtained not by its growth, but by washing away from it all that is not gold."  
—Leo Tolstoy

"Gold is good in its place; but living, brave, patriotic men are better than gold."  
—Abraham Lincoln

"Wealth stays with us a little moment if at all; only our characters are steadfast, not our gold."  
—Euripides

"Gold may shine; but it has no true light."  
—Kristian Goldmund Aumann

"The finest compliment you can pay a man is that his word was as good as gold."  
—Evel Knievel

"Every man has within himself a gold mine whose riches are limited only by his own industry."  
—Thomas Bailey Aldrich

## March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> Gasparilla Festival of the Arts 9:00 am - 6:00 pm Julian B. Lane Park
<b>2</b> Gasparilla Festival of the Arts 10:00 am - 5:00 pm Julian B. Lane Park	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b> Rock the Park 6:30 pm - 9:30 pm Curtis Hixon Park	<b>7</b> Beer, Bourbon & BBQ Festival 6:00 pm - 10:00 pm Curtis Hixon Park	<b>8</b> Beer, Bourbon & BBQ Festival Noon - 6:00 pm Curtis Hixon Park
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b> Girl Scout Cookies Tenant Event 1:00 pm 3rd Floor Lobby Corporate Massage 11:00 am - 3:00 pm Suite 225	<b>13</b> Downtown's Backyard Market Noon - 4:30 pm Esplanade	<b>14</b>	<b>15</b> Tampa Bay AirFest 8:00 am - 4:00 pm MacDill Air Force Base River O'Green Fest 11:00 am - 6:00 pm Curtis Hixon Park
<b>16</b> Tampa Bay AirFest 8:00 am - 4:00 pm MacDill Air Force Base	<b>17</b>  HAPPY ST. PATRICK'S DAY	<b>18</b>	<b>19</b>	<b>20</b>  1ST DAY OF SPRING	<b>21</b>	<b>22</b>
<b>23/30</b> Cuban Sandwich Festival Noon - 6:00 pm Ybor City	<b>24/31</b>	<b>25</b>	<b>26</b> Blood Drive 2:00 pm - 4:30 pm	<b>27</b>	<b>28</b>	<b>29</b>

## "This Month In History"

### MARCH

**1790:** The first U.S. census is taken and records a population of 3.9 million.

**1899:** A German pharmaceutical company patents aspirin.

**1912:** Oreos, the cream-filled chocolate sandwich cookies, are introduced by the National Biscuit Company.

**1923:** Time magazine debuts.

**1933:** Frances Perkins is appointed secretary of labor, becoming the first woman to serve in the Cabinet.

**1941:** The National Gallery of Art opens in Washington, D.C.

**1951:** The comic strip "Dennis the Menace" by Hank Ketcham begins syndication in 16 newspapers.

**1968:** Country music singers Johnny Cash and June Carter marry.

**1981:** TV anchorman Walter Cronkite, often called "the most trusted man in America," retires from the "CBS Evening News."

**1994:** Hockey great Wayne Gretzky nets his 802nd NHL goal, breaking the previous record held by legend Gordie Howe.

**1997:** Singer, songwriter and former Beatle Paul McCartney is knighted by Queen Elizabeth II.

**2002:** Halle Berry wins the Oscar for best actress for her role in "Monster's Ball." She was the first African-American to receive the award.

**2006:** The first tweet goes out at the launch of social media website Twitter.