

**November 2025** 

# BANYAN STREET

### **PROPERTY MANAGEMENT**

813.221.7474

Chris Wergers - Sr. Property Manager Christian Ramirez - Property Manager Jennifer Chez - Asst. Property Manager David Arscott - Area Chief Engineer Isaac Conrad - Asst. Chief Engineer Mary Anne Quigley - Concierge

### **CBRE LEASING TEAM**

Philip Weber Barry Hanerfeld Molly Molloy Catlett





PLAZA

101 E Kennedy Blvd. • Tampa, FL 33602



Honey & Cheese

Nov5th | 10 - 11am Sufts 225 Conference Center

### BEE DOWNTOWN TENANT EVENT

Please join the Management Team on Wednesday, November 5, from 10:00 am - 11:00 am, in suite 225 for a Bee Downtown Honey and Cheese pairing and Candle Rolling Event. You'll enjoy tantalizing honey and cheese pairings that are sure to delight your palate, all while learning about how honey is made by your bees onsite! You'll also be able to learn all about wax and roll your very own beeswax candle to take home. Can be as quick as 5 minutes!

### METRO MINISTRIES

Bank of America Plaza will host a Metropolitan Ministries Thanksgiving Food Drive from November 10 - 18. Drop-off bins will be located in the 3rd floor lobby. Non-perishable food items only.



The Salvation Army Angel Tree Letters can be picked up at the Concierge Desk. All toys and gifts must be returned to the Management office in Suite 225 by December 5.



#### **VETERANS DAY**

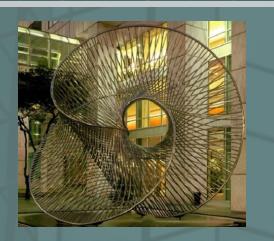
On Veterans Day, November 11, America comes together to honor and thank veterans for their service in the nation's armed forces.



Catania & Catania	. 32 yrs
Verizon	31 yrs
Lockheed Martin	. 25 yrs
CS&L	10 yrs
Sesh Technologies	1 yr



The Management Office will be closed November 27-28 for the Thanksgiving Holiday. Happy Thanksgiving from Banyan Street Capital.



### **BUILDING AMENITIES**

Bank of America
Bicycle Repair Station
Caffe Fresco
Concierge Services
Electric Vehicle Charger
Fitness Center
Jackson Dental
KJ's Auto Detailing
Shoe Shine by Robert
Stork Parking
Tenant Conference Center
The Solo Hair Salon
The Tampa Club

### **RETAIL**

Designing Eyes
DeVito's Italian Restaurant
GenX Tavern
Goldfingers Aesthetics
Hotel Bar
The Pint & Brew
Tropical Smoothie



# BUITRUN

### TAMPA BAY LIGHTNING BOLT RUN

The Lightning Bolt Run is on Saturday, November 1, at 7:30 am, at Benchmark International Arena. To register, go to raceroster.com.



Daylight Saving Time ends on November 2. Don't forget to set your clocks back one hour.



### **HOLIDAY WINTER VILLAGE**

Celebrate the holiday season in Tampa's Downtown at Winter Village starting November 21, in Curtis Hixon Park! Located along the Tampa Riverwalk, Curtis Hixon Waterfront Park is transformed with the sights, sounds and activities of the holidays for children and adults of all ages. Taste the spirit of the holiday season by visiting the Cafe at Winter Village. Discover the magic of the season at The Shops of Winter Village. You can even Ice Skate in the Village Ice Rink! Visit @WinterVillageTampa for real-time updates.



### THANKSGIVING DAY TURKEY GOBBLE RUN

The Tampa YMCA Turkey Gobble Fun Run is on Thursday, November 27, at 8:00 am, at Benchmark International Arena in downtown Tampa. This Thanksgiving morning race is a tradition for the whole family! You can choose from a 1-mile Fun Run, 5K Run/Walk, or a Virtual 5k from anywhere! For more information, go to runguides.com.



Downtown's Backyard Market is on Thursday, November 13, from Noon - 4:30 pm, on the Esplanade. Come and experience downtown Tampa's version of a traditional farmers' market! Downtown's Market is your go-to destination for a taste of the countryside, conveniently located in the hustle and bustle of the city. Taste the freshness, savor the quality, and celebrate the vibrant spirit of Tampa's local food culture.



#### **RECYCLE DAY**

America Recycles Day on November 15 was created to educate people about the importance of recycling to the economy and environment and to motivate occasional recyclers to become everyday recyclers. Events will be held in towns throughout the country. For more information, please go to AmericaRecyclesDay.org and the Keep America Beautiful website at www.KAB.org.



The 2025 Miles For Moffitt event is Saturday, November 22, at 7:00 am, at Benchmark International Arena. There is a race distance option for everyone, including a 10K, 10K Wheelchair, 5K, 1K Fun Run/Walk, and Kid's Dash with Captain Fear. For more details, visit runsignup.com.



## Featured Recipe

### **Cook Up a Cranberry Treat**

Apple and pumpkin are a couple of fruity favorites, but cranberry is another common ingredient that can be used to make a big statement. Mixed with walnuts, white chocolate chips and cake mix, these Cranberry Bars will leave family and friends begging for more. Because they're so easy to make, you can easily fulfill the requests.

### Ingredients:

- 1 box white or yellow cake mix
- · 2 eggs
- · 1 stick melted butter
- 1 1/2 cups dried cranberries
- 1 1/2 cups chopped walnuts
- 2 cups chopped white chocolate chips, divided

#### **Directions:**

- 1) Heat oven to 350 F.
- 2) Mix cake mix, eggs, butter, cranberries, walnuts and 1 cup white chocolate chips.
- 3) Spread into 7-by-11-inch baking dish and bake 35-40 minutes until toothpick inserted in center comes out clean.
- 4) Let cool then melt remaining white chocolate chips and drizzle over bars.

For more ideas, visit *Culinary.net.* 



### Wit & Wisdom

"Feeling gratitude and not expressing it is like wrapping a present and not giving it."

—William Arthur Ward

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."

—John F. Kennedy

"Gratitude helps you to grow and expand; gratitude brings joy and laughter into your life and into the lives of all those around you."

—Eileen Caddy

"Gratitude is one of the least articulate of the emotions, especially when it is deep."

—Felix Frankfurter

"Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow." —Melody Beattie

"The essence of all beautiful art, all great art, is gratitude."

—Friedrich Nietzsche

"A man's indebtedness is not virtue; his repayment is. Virtue begins when he dedicates himself actively to the job of gratitude."

—Ruth Benedict

"A person however learned and qualified in his life's work in whom gratitude is absent, is devoid of that beauty of character which makes personality fragrant."

—Hazrat Inayat Khan

"Silent gratitude isn't much use to anyone."
—Gertrude Stein

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

### Bolt Run November 7:30 am Benchmark Arena Bee Downtown Bee Event 10:00 am - 11:00 am Suite 225 10 12 14 11 13 Downtown's Thanksgiving Food Drive Begins Backyard Market Noon - 4:30 pm Esplanade 16 17 18 19 20 Winter Village Opens Miles for Moffitt Curtis Hixon Park Thanksgiving Food Drive Ends 7:00 am Benchmark Arena 23/30 24 25 26 28 29

### "This Month In History"

### **NOVEMBER**

**1800:** President John Adams and his family move in to the newly completed White House, then called the President's House.

**1906:** SOS is adopted as the standard distress signal at sea.

**1910:** Hailed as a monumental work of architecture, the Pennsylvania Station railroad terminal opens in New York City.

**1922:** The entrance to King Tut's tomb was discovered by archaeologist Howard Carter.

**1924:** The Boston Bruins make their debut as the first U.S. team in the NHL.

1939: In Hyde Park, N.Y., the cornerstone is laid for a library to preserve President Franklin D. Roosevelt's official papers. It was America's first presidential library.

**1945:** The first issue of Ebony magazine is published.

**1959:** On Broadway, the Rodgers and Hammerstein musical "The Sound of Music" opens.

**1968:** The Motion Picture Association of America introduces a rating system for movies.

**1973:** Britain's Princess Anne marries Capt. Mark Phillips at Westminster Abbey.

**1989:** L. Douglas Wilder of Virginia becomes the first African American governor elected in the U.S.

**1993:** Made up of 12 countries, the European Union is formally established.

**2000:** A crew of three arrives at the International Space Station and is the first to live and work at the research facility.

**2008:** Taylor Swift releases her second album, "Fearless." It would go on to be the most awarded album in country music history.

**2013:** Disney's animated movie musical "Frozen" premieres.

