

September 2024



#### PROPERTY MANAGEMENT

813.221.7474

Lynn Vilmar - Sr. Property Manager Jennifer Johnson - Property Manager Jennifer Chez - Asst. Property Manager David Arscott - Area Chief Engineer Isaac Conrad - Asst. Building Engineer Mary Anne Quigley - Concierge

#### **CBRE LEASING TEAM**

Philip Weber Barry Hanerfeld





PLAZA

101 E Kennedy Blvd. • Tampa, FL 33602



Banyan Street Capital will partner with Cristo Rev High School for the 2024 - 2025 Cristo Rey Corporate Work Study Program. Through the program, students receive a private, college preparatory education, while gaining invaluable real-world work experience from leading corporations and non-profit organizations in the Tampa Bay area. Students work five full days each month with the school's Partners, who are committed to enriching the lives of the students via coaching, mentoring, and supervision. This distinctive approach to education equips students with the knowledge and skills to transform their lives through rigorous academics, four years of work experience, and support to and through college.



We are excited to introduce the launch of the Mobile Access card to Bank of America Plaza. Tenants will now have the option to access the building, garage, and elevators via their smartphones.

Please make note of the following items:

- \* Contact the management team if interested in using the new feature.
- \* All instructions will be provided and must be followed for a successful transition.
- \* The access card can be used at all building entry levels, including the Fitness Center, front entry doors, garage and elevators.
- \* The Mobile card does not work for individual suite entry access.



#### LABOR DAY HOLIDAY

Bank of America Plaza will be closed on Monday, September 2nd, in observance of Labor Day.



#### **HAPPY ANNIVERSARY**

The Tampa Club	. 38 yrs
TRENAM	38 yrs
Capco	. 13 yrs
Greenberg Traurig	. 9 vrs



#### WELCOME FALL

The first day of Fall is Sunday, September 22nd.



#### **BUILDING AMENITIES**

Bank of America
Bicycle Repair Station
Caffe Fresco
Concierge Services
Electric Vehicle Charger
Fitness Center
Jackson Dental
KJ's Auto Detailing
Shoe Shine by Robert
Stork Parking
Tenant Conference Center
The Solo Hair Salon
The Tampa Club

#### **RETAIL**

Designing Eyes
DeVito's Italian Restaurant
European Wax
GenX Tavern
Hotel Bar
The Pint & Brew
Tropical Smoothie





#### AUGUST GIFT BASKET WINNER

Congratulations to Vickie Manning with Tom Rankin, Suite 3110.



#### **FALL FAMILY FEST**

Come and celebrate the start of Fall on Sunday, September 22nd, from 11:00 am - 3:00 pm at the Fall Family Fest in Water Works Park! This year's event will feature local businesses and family resources providing interactive exhibits, giveaways, swag bags, face painting, and balloons for the kids. And, of course, great food and entertainment makes this a wonderful way to spend the day! This event is free for the whole family.



## DOWNTOWN'S BACKYARD MARKET

Downtown's Backyard Market will be on Thursday, September 12th, from 2:30 pm - 5:30 pm on the Esplanade. Discover a hidden oasis of farm-fresh goodness, right in the heart of the Downtown Core. The Backyard Market is your go-to destination for a taste of the countryside, conveniently located in the hustle and bustle of the city. Stroll through our vibrant market, where the aroma of freshly picked produce and the chatter of eager shoppers fill the air.

## oneblood

Share your power.

#### **BLOOD DRIVE**

Bank of America Plaza will host a Blood Drive on Wednesday, September 18th, from 10:00 am - 3:00 pm. Please go to oneblood.org to schedule your appointment. Thank you for donating!

## CORPORATE MASSAGE

On-Site Relief for Stress and Pain

#### **CHAIR MASSAGE THERAPY**

On-Site Chair Massage Therapy is scheduled on Tuesday, Sept. 17, from 11:00 am - 3:00 pm in suite 225.

To book your appointment, contact Stacey@corporatemassage tampa.com.



#### **RECYCLING REMINDER**

Many of us remember to place food packaging, such as tin cans or plastic soda bottles, in the recycling bin. But don't forget, there's a lot that can be recycled in the bathroom: shampoo, lotion and mouthwash bottles; toilet paper rolls; and tissue boxes.



Rock the Park will be on Thursday, September 5th, from 6:30 pm-9:30 pm in Curtis Hixon Park.





#### **Flavorful Fall Coffees**

Enjoy some seasonal sips with these coffee recipes!

## Maple Vanilla Latte Ingredients:

- 1 1/2 cups milk, divided
- 1/2 cup strong-brewed French vanilla coffee
- 1 tablespoon maple syrup
- 1/4 teaspoon vanilla extract
- · Ground cinnamon, to taste

#### **Directions:**

Heat 1 cup of milk. Pour coffee into mug and top with warm milk.

Stir in maple syrup, vanilla extract and cinnamon. Use a milk frother to foam remaining milk. Add frothed milk to mug.

## Salted Caramel Iced Coffee Ingredients:

- 1/2 cup caramel-flavored coffee, chilled
- 1 cup milk
- 1/2 cup ice
- · Caramel sauce
- 1 pinch sea salt

#### **Directions:**

Stir together chilled coffee and milk. Pour over ice in a tall glass. Drizzle caramel sauce on top of coffee and sprinkle with sea salt.

Find more recipes at EightOClock.com.



#### Wit & Wisdom

"Focus on the journey, not the destination. Joy is found not in finishing an activity but in doing it."

—Greg Anderson

"The journey between what you once were and who you are now becoming is where the dance of life really takes place."

—Barbara de Angelis

"If you're here right now in your life, your journey continues and you've lived to tell the story."

—Mary J. Blige

"When you set out on a journey and night covers the road, that's when you discover the stars." —Nancy Willard

"I am no longer afraid of becoming lost, because the journey back always reveals something new."

—Billy Joel

"The beautiful journey of today can only begin when we learn to let go of yesterday."

—Steve Maraboli

"Peace is a journey of a thousand miles, and it must be taken one step at a time." —Lyndon B. Johnson

"When we are sure that we are on the right road, there is no need to plan our journey too far ahead." —Orison Swett Marden

"Sometimes, reaching out and taking someone's hand is the beginning of a journey. At other times, it is allowing another to take yours."

—Vera Nazarian

#### September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Labor***  **** Day	3	4	Fock the Park 6:30 pm - 9:30 pm Curtis Hixon Park	6	7
8	9	10	11	Downtown's Backyard Market 2:30 pm - 5:30 pm Esplanade	13	14
15	16	On-Site Chair Massage Therapy 11:00 am - 3:00 pm	18	19	20	21
Family Fall Fest 11:00 am - 3:00 pm Water Works Park	23	24	25	26	27	28
29	30	September				

# "This Month In History"

### **SEPTEMBER**

1919: Crowds gather in New York City to welcome home Gen. John J. Pershing and 25,000 soldiers of the American Expeditionary Forces who fought in World War I.

**1949:** The Ladies Professional Golf Association is formed with 13 founding players.

**1953:** With 32 lanes, the world's first four-level highway interchange opens in Los Angeles. Half a million vehicles travel it every day.

**1969:** "Ruh-roh!" The Saturday morning cartoon lineup gets a new addition when the mystery-comedy series "Scooby-Doo, Where Are You!" premieres.

**1978:** After years of lobbying, National Grandparents Day is officially observed for the first time.

**1985:** An American-French expedition locates the wreckage of the long-lost sunken ocean liner Titanic off the coast of Newfoundland, Canada.

1998: Internet search engine Google is founded.

**2008:** After its move to Oklahoma City, the NBA team the Seattle SuperSonics is renamed the Thunder.

**2020:** Sales stats show that music fans are buying more vinyl records, outselling CDs for the first time in decades.